HUT!

Newsletter of the Minnesota Canoe Association

July 1980

SHOW OFF YOUR CANOE AT THE MCA BOAT-OFF

MCA members will have a chance to show off their skill at building unconventional types of canoes at a "canoe-in" to be held Sunday, August 10. The boaters will start at Hidden Falls Park in downtown St. Paul to Fort Snelling State Park picnic area. At that point there will be a kayak rolling and canoe demonstration.

The purpose is to inform the public about the MCA and its purpose.

The boating will start at 1 p.m., after a picnic for members and prospective members.
There will be more information in the August issue of HUT!

Mississippi Lock Cruise
by John Wexler

I will lead a lock cruise on Tuesday, August 19 at 6 p.m., starting at U of M Showboat landing. The landing is a short ways downstream of the Washington Avenue Bridge on the East Bank.

We will go through the lower St. Anthony Falls lock and paddle over to the recently refurbished Pillsbury Memorial Waterfall Garden Park, take a short tour of the park, possibly stop for refreshments and paddle back through the locks.

Bring your camera, as I assume that you will get a perspective of downtown Minneapolis that will be quite interesting. If you need a canoe or partner call me at 722-7069. Otherwise just bring your canoe and meet me there.

What a way to end a working day right in our own backyard of the Mississippi and downtown area.

Calendar of Events

July 5 Saturday — First Bank International Canoe Classic. A $7500 purse for this one-day race on the Mississippi. If you need a competitive canoe call Karl Ketter -612-638-8116. For more race info, call or write Betty Ketter, Race Co-ordinator, 101-79th Ave. N., Minneapolis, MN 55444 (Phone: 612-561-2208).

July 5 Saturday — Family Cruise-Mississippi River From Camden bridge to Nicollet Island Be on hand for the finish of the International Canoe Race. Free T- shirts for all canoeists! Call Roy Johnson, 542-9070.

July 5 — Father Hennepin Tricentennial Celebration at the St. Anthony Falls area. Will the Voyageurs come to celebrate one of their own???

July 5,6 — LD Race: Menominee River. Everett Crozier, Rt. 2, Box 78, Marinette, WI 54143.

July 13 — LD Race: Mankato. Contact: Dale Hennek, Rt. 7, Box 307, Mankato, MN 56001.

July 12-13 Sat.-Sun. — Namekagon River Cruise. Walt Jones is the venerable cruise leader. Put-in at 9:30 a.m. Sat. at the old Howell Bridge Campground. See article inside (March HUT!) or call Walt - 612-488-4570.

July 16 Wed. 7:00-9:00 — Paddle at Fort Snelling State Park. Details next month. State Park sticker needed or daily fee.

July 17 — Voyageurs on the Mississippi River. Coon Rapids - call Roger Geis for info. 784-4612.

July 19,20 — LD Race: Wisconsin River. Howard E. Jones, 102 S. 4th St., Muscoda, WI 53573.

CALENDAR

July 19 & 20 Sat. - Sun.	National Wildwater Championships Arkansas River in Colorado. For more details contact: Bobbie Schue, 331-5284.
July 26	LD Race: Glenwood, MN. Contact: James Gilman, 16 S.E. 1st St., Glenwood, MN 56334 ($400).
July 26,27	LD Race: Peshtigo River. Peshtigo Jaycees, Box 1, Peshtigo, WI 54157.
August 1,2	LD Race: Rock River. Dick David, Rt. 4, Watertown, WI 53094.
August 9	LD Race: Rock River. Norm Godfrey, Box 54, Ft. Atkinson, WI 53538.
August 14 6:30	St. Cloud Cruise on Mississippi From the park in Sauk Rapids, just north of the bridge. John Wexler will be demonstrating some Kayak techniques. Most of the route is quietwater. Rapids can be portaged. If you need a canoe or partner, or if you have any questions, call John at 722-7069 or Mike Zapf at 251-5807.
August 29-31 & Sept. 1	Voyageurs Special Cruise. Apostle Island Canoe Trip. Contact John Wheeler if interested (633-6500). (non-Voyageurs welcome if room).
September 6 Saturday	Upper St. Croix River Cruise. Rendezvous at the Minnesota side of the Interstate Park at Taylor's Falls at 9:00 a.m. and drive to put-in at Nelson's Landing off Hwy F. Godd easy cruise. Leader Cliff Jacobson - 612-437-7497.
Sept. 13	Jensen Handicap for Long Distance Racers. Karl Ketter, 1957 Lake St., Roseville, MN 55113.
Sept. 14	Minnesota Women's Canoe Championship. (Tentative date.)
Sept. 20	Minnesota Long Distance C-1 Championship. (Tentative date.)
Sept. 21	Minnesota LD Mixed Teams Championship. (Tentative date.)
September 28 Sunday	Grand Fall Rendezvous and St. Croix Color Cruise and Canoe Builders Contest. Come one, come all, this is where we all get together! See article later this year.

*More information on whitewater races can be obtained from Bob Schuetzler (331-5284) or write to Jim Romach, 1176 Duluth St., St. Paul, MN 55106.

Cruises

The ubiquitous John Wexler, president of the Minnesota Canoe Assciation will be organizing a whitewater cruise. The purpose is to run eastern whitewater. He is considering either August 15-25 or sometime in October or November. He is looking for experienced boaters and people to shuttle cars. Don't miss out on a chance to hit the mighty rivers of the Eastern U.S.A. such as the Chatooga in North Carolina and the New River in West Virginia. Call John as soon as possible at 612-722-7069.

PUSH COMES TO SHOVE ON THE KINNICKINNIC
by Joe Conrad

In low water times, the Kinnickinnic River from River Falls, Wisconsin, to Clifton Hollow on to the St. Croix is a pleasant float (some wading) through alternate pools and rapids. There are high cliffs, steep hillsides covered with wild flowers, some verdant "flats" or meadows, and watercress along the stream bank.

Push comes to the river when a couple of days of rain in the summer or the usual spring thaw sends water roaring over the Lower Dam near Glen Park in River Falls. The pools become moving water. The rapids get two foot standing waves. The eddies become few and narrow. The river develops the ability to push logs, sticks, grass, sand and unwilling or unwary paddlers up against the always present log-jams.

Canoes and swimmers are not pushed around or over log-jams and overhanging trees. They are pushed under, through, or into the wood strainers. One hopes for the former.

Recently on a "push" day I was invited to paddle with four young men down the river. It was high and cold, and I had reservations about their abilities, but thought, "Well, they are young, tough and quick, far more so than I so that will perhpas balance my experience." It did, until we reached the last tree-jam where one canoe broached, rolled upstream and sent the fellows swimming--one through, the other solidly up against a 14-inch log.

I headed for shore, to get out and plunge in to the log--before I got there, he disappeared, down. "God, come up!" I thought.

continued

KINNICKINNIC continued

He did--10 feet downstream and 10 long seconds later. He swam into shore minus a pair of glasses. An old story on the Kinnickinnic I think, but unsettling. The youth had saved himself. "Figured I may as well duck under and go for it, before I got too cold or tired to do anything."

Push comes to shove on the Kinnickinnic when the big stuff starts moving. Trees with 2½-3 foot diameter trunks, log-jams 8 feet high and 20 feet wide, dirt banks, and what have you goes charging for the delta on the St. Croix. The high thaw day this spring (the day after the accident above) was such a Shove (two more canoes were lost). Yet three jams held. They of course changed appearance, one losing and another gaining about a cord or two of wood.

"High Shove" came in 1978, when torrential summer rains flashed all jams and extraneous wood into the St. Croix. I ran it alone that day, down the back of a brown beast that writhed and twisted between and against its high banks and whipped across the wide flats. At least three canoes were lost--one aluminum model later appearing in two nearly equal parts. Yet I was not all alone. After one spill a man and his 14 year old won were lucky enough to reach the Clifton Hollow bridge and Morris TeWinkel (an old Snake River of Idaho riverman) with his daughter made a successful run.

For all its push and shove, perhpas the Kinnickinnic is benign. I've heard of no drownings in 13 years, though on one occasion, one of my chemistry students spent 6 hours sitting in a tree surrounded by swift water while her male companions hiked out for ropes and help.

STRAIGHT RIVER DAYS CANOE RACE
by Craig Caron

There was a good turnout of paddlers for the 10th annual Straight River Days Canoe Race in Medford on June 1. A total of 504 teams competed, of which 15 pro racing teams scrambled for a purse of $530.

The pro racers were spread out quite a bit by the first portage, three miles into the race. After two-thirds of the race was completed the eight teams were already in the positions they were to finish with.

1. Gary Neddermeir - Dave Sipe
2. Dan Hassel - Buck Broton
3. Karl Ketter - Mike Bohannan
4. Larry Kriesel - Craig Caron
5. Jim Pomroy - Warren Thunstrom
6. Scott Aukeny - Darell Peterson
7. Jerry Jacobson - Al Smith
8. John Wexler - Walt Hirshey

CROW WING RIVER, FAMILY STYLE
by Penny Mielke

The one trip of the year Lynn never fights, Marcouiller's Crow Wing cruise. This year he invited his 7 year old niece, Heather. She had never been camping, never away from mom much, etc., etc. What to expect? Her own pup tent was the solution. It held endless fascination for her. No Robinsons nor Walt this trip. How's the new house coming, Jim? Haven't been able to reach you by phone. The Peaches and their freind, Cindy, were the last to arrive Friday evening. Roger had blazed a trail into Huntersville State Forest, thus the late hour. Perhaps next year he will agree to lead a Crow Wing caravan. Do you feel up to it, Ruby? That evening was spent around Bill's inimitable camp fire pouring over the June issue of HUT!, dis cussing camp gear and generally catching up on the past year's events.

On Saturday, June 14, following the Shell City shuttle, we set out. Among us we had Bill's 18-ft. light weight Gruman (which he poled), 2 Peach cedar strip creations, Caryl's and Brett's Old Town Tripper, our Jensen We-no-nah, and a couple of Alumacrafts (I hope I'm right about that Don). The Saturday stretch is super for those learning to fly, so to speak. Like, after lunch, Heather became the bow person. The river is very UNdemanding and you can lose yourself in dreams, song or whatever form of expression you choose. Heather chose turtle counting (over 40). Saturday night was spent around Bill's camp fire rehashing the day's events; the biggest one, EVER, being Bill's inexplicable wind up in (not on) the Crow Wing! Roger, who had not been a witness, had ever so much to say about this, while Caryl and Brett, who had actually been there, were very reticient in volunteering any information. Bill, we sincerely hope your camera remained unscathed. Oh, thanks Barb and Cindy for the s'mors and pop corn. Delicious!

Sunday, Bill again poled and I tried my hand in my new Mary Reinhart kayak. I love the canoe but that kayak is sure a charmer! Everyone was wanting me to roll, of course (unbeknownst to them I had already tried a river roll on the Cannon, only in an open canoe, somewhat unsuccessfully needless to say, thus my noncompliance). The rock garden below Anderson Landing wasn't all that bad. The channels were really quite well defined (we did not, however, sneak through by any means). Lynn and Heather worked the Nimrod shuttle for us.

Thanks, Bill, and everyone on the cruise for making it such a success. Lynn is talking about next year and Heather wants to go camping again, so.....Thanks!

Editor's Forum

As your new HUT! editor I am attempting to communicate to many people I have not had the pleasure of meeting. I am trying to imagine what you are all like and what you like to do and see. Right now I would really like to know what you would like to see in your newsletter. After all, HUT! can only be a reflection of the people and activities it represents, which means I need your ideas, stories, criticisms, or anything you would like to share with other MCA members.

As I am in the process of putting together future newsletters I hope to meet many of you and partake in some of the MCA activities. Until now my contact with the MCA has been minimal, but I am excited at the opportunity to become involved in a group representing one of my favorite sports, canoeing. Please bear with me as I attempt to get organized.

Currently, I am a senior in journalism at the University of Wisconsin-Eau Claire. I grew up in St. Paul and most of my roots are still there.

If you have something you would like other members of the MCA to know about, such as trip stories, events, criticism or anything else, please jot it down and send it to me. I manage to get to the Twin Cities every couple of weeks, so you can try to contact me then. John Wexler, president is good at getting things to me also. Write to me at:

970 W. Hamilton Avenue #1
Eau Claire, WI 54701
E.C. telephone: 715-834-2085
St. Paul telephone: 612-484-4674

President's Forum

SCULLY LEAVES BOARD OF DIRECTORS

Terry "Canoe" Scully will soon resign from the MCA Board of Directors. He will leave the membership position to take a job in Denver, Colorado.

Scully has been active in revitalizing the membership system during the previous two years that he has had the position. He had also been very active in helping to promote the MCA.

Several new volunteers have joined the MCA board or a committee. Lee Hunt is heading the boat building committee. He is currently an engineering student at the U of M. He says he is interested in canoe design and fluid mechanics.

Mike and Sharon Gilman are the new publicity and program directors. They have already started on a new membership brochure, which is now available.

As many of you may have noticed, MCA events are becoming better publicized as a result of their go-power.

I encourage everyone to assist these people and give them any help you can. Let them know they are doing a good job. Give them a call or write them.

John Wexler
President, MCA

MCA brochures with membership application is available from Mike and Sharon Gilman. Call them at 935-5799 if you are interested.

The Minnesota Canoe Association through its members and affiliate chapter seeks to unite those persons interested in canoes and canoeing.

*Provides the opportunity for an exchange of information about canoeing.

*Helps to develope and encourage canoeing as a recreational activity and to promote and develope canoeing as a competitive sport.

*Is helping to develope wilderness canoe trails and canoeable waterways for the use of all.

*Promotes the conservation of wilderness canoe areas together with the preservation of wild river systems.

Regular members receive full club benefits:

1. Regular issues of our newsletter, Hut. Our publication ranks among the best in the nation in providing news of happenings, book reviews, equipment tests, building tips, trip reports, short articles, and much more of interest to midwest canoers.

2. Membership card, and membership roster on request.

News from our Chapters

ST. CLOUD

The St. Cloud chapter brought up some new ideas at their June meeting.

Dale Schleppenback had a locally made Duluth pack, which he says "is excellent". He says the rack can be purchased for half the price of a regular Duluth pack.

Don Stephany designed a folding car top carrier capable of handling one canoe or folding out to hold two canoes. Mike Zapf says it's a very clever idea and Don should draw plans and send to HUT!

CASCADERS

SUMMER ROLLING LESSONS

This summer the Cascaders will be having "low key" rolling sessions again. Last summers session went great as everyone learned to roll and many of the students are now active Cascaders. Cost will be $10 plus a required Cascaders membership ($7.50). There will be four sessions of two hours each starting at 6:30 p.m. The dates are August 12 (Tue), 14 (Thur), 19 (Tue), 21 (Thur). The sessions will be held at the public beach at Medicine Lake (see map). Some boats will be available for use by students. Please contact the Fauchiers (5374907) in advance if you wish to attend.

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3. Merchandise: Regular members may usually purchase canoe building plans and instructions book, resin, fiberglass and other materials from the MCA at great savings.

4. Eligibility for office and voting rights.

5. Information for instruction on canoeing techniques by experienced canoeists.

6. Current information on canoe routes and equipment through our publication.

The MCA, Inc. is a non-profit organization dedicated to promote all aspects of canoeing. This is your invitation to join the MCA and to enjoy all the opportunities and privileges afforded to its members.

WHITEWATER PROGRAMS

The Cascaders are presenting whitewater programs for interested groups and outing stores. Spectacular whitewater movies, slides, and hair paddlers are exhibited at these exciting programs. So far our distinguished speakers have been Larry Johns and Tom Aluni. If your group or someone you know is interested in whitewater or if you would like to help, call Chip Treen - 633-9094 - or Dave Schmidt - 560-7438.

3M

AD HOC TRIPS:

An important principle of Ad Hoc Trip Planning has been proved: Getting out on the water with other members of the Ad Hoc Group requires first getting acquainted.

At least one unannounced trip was very successful. Announced trips must be planned and written up at least eight days ahead, and one's ability to find others without conflicts increases with lead time, but it is possible to make last minute arrangements if you have enough acquaintances known to given canoeing a high priority. As a more or less direct result of having gotten acquainted at lunch a week earlier, several of us got to go on a very enjoyable trip on the Upper St. Croix planned only two days beforehand.

Call Keith Coad at 733-9399 (735-6869) if you would like more information about the 3M Chapter or its activities.

MCA Canoe Building Supplies

FOR SALE: MCA resin and fiberglass cloth. Polyester resin with catalyst is $10.95 per gallon. Four ounce cloth, 50 inches wide, is $2.05 per yard; 7½ ounce cheese cloth, 60 inches wide, is $2.85 per yard. Rules for purchase: Call ahead and schedule pick-up time. Payment by check or money order to Minnesota Canoe Association. No Cash. Bring a valid membercard.

Depots:

Dan Busch	222-5760	S. St. Paul
Betty Ketter	561-2208	North Minneapolis
Chris Berne, Berne Scale Co.	544-2422	West Suburbs, South Minneapolis

Weekend and long-trip boaters burn a lot of energy, so it is important to supply an efficient number of calories and nutrition to your wilting body. It is also important to maintain a light load. Here are some recipes that can be made before the trip and make good, quick lunches.

FLAPS
2 cups margerine
2 cups sugar
½ white suggar
½ brown sugar
1/3 cup honey
1/3 cup Karo Syrup
9½ cups oats

Grease pan well. Mix together and press into large pan. Bake at 350° until golden brown.

Smear peanut butter and jelly over top while on the trail.

Here's a recipe that we've tried on the MCA president himself, and John Wexler has pronounced it 'good'.

HOMEMADE HAMBURGER SAUSAGE

5 lbs. hamburger
5 tsp. Morton's Tender Quick Salt
or 2½ tsp. regular salt
1 tsp. liquid smoke
2½ tsp. Hickory smoke salt
2½ tsp. garlic salt
2½ tsp. whole mustard seeds
2½ tsp. coarsely ground peppercorns
or 2 tsp. coarsely group pepper and
½ tsp. ground red pepper

Mix all ingredients in a large bowl. Refrigerate for 24 hours. Mix again really well. Refrigerate for another 24 hours. Shape into 5 loaves, 1" - 2" across and long enough to fill a broiler pan or cookie sheet and bake at 150° for 8 hours, turning once after 4 hours. Cool. Sausage will keep in refrigerator for 5 weeks - or freeze it.

It's really easy to make, you can use any type of hamburger and it usually won't last the 5 weeks in the refrigerator.

TRADING POST
Free ads to MCA members

MCA Patches for sale: $2.00 each, unlimited supply. Send check to Venice Barsness, MCA Vice President.

FOR SALE: 16'16" Mad River Malecite, excellent condition, $500. Jim Bower (St. Cloud), 612-253-2525 (work), or 612-253-1682 (home).

WANTED: Cheap second hand canoe, needing repairs o.k. Call Keven Johansen, 927-9855.

FOR SALE: Old Shell Lake 17' wood canoe. Cedar planked and ribbed and has half ribs in the bottom. All wood sound. $125.00. Dennis Beltmann, 612-483-9451.

FOR SALE: One low mileage epoxy Mark IV kayak suitable for cruising/slalom. Good boat for a large individual. Ed Stegman is asking a paltry $250, so call him at 432-9352.

FOR SALE: Ultra-high volume cruising C-1 (please bring ear protection when scoping it out). This boat is real junk but for $30 how can you go wrong? George-825-0711.

FOR SALE: Would you believe Jim Romach is selling a rare classic 17-foot Grumman for only $300? Neither would I, but call Jim before August 28, 1981, and he will even throw in a sailing rig--771-0694 (H), 738-4769 (W).

FOR SALE: Tim Nelson ordered a John Brown Super kayak and must sell his Prijon Special to cover the down payment. For $300 you can own this S-glass, nylon, epoxy boat complete with adjustable foot braces and ethafoam walls. Call 482-1819.

KETTER Canoeing INC.

1979-80 BOARD OF DIRECTORS

MINNESOTA CANOE ASSOCIATION, INC.

Executive Committee		
President	John Wexler 722-7069	2923 S. 16th Ave. Minneapolis 55407
Vice President	Venice Barsness 871-6905	1425 LaSalle Ave. Minneapolis 55403
Secretary	Penny Mielke 776-1935	1880 E.Shore Dr. St. Paul 55109
Treasurer	Chris Berne 929-5714	5057 Ewing Ave.S. Minneapolis 55410
Membership	Terry Scully 425-6766	10868 100th Place Maple Grove 55369
Publications	Joe Conrad 715-425-2818	420 E. Spring River Falls, WI 54022
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Cruising	Mike VandeVyver 922-7633	2608 W. 60th St. Minneapolis 55410
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Long Distance Racers	Warren Thunstrom 780-2866	9401 Flintwood Minneapolis 55433
Voyageurs	John Wheeler 633-6500	2690 Huron St. Roseville 55113
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Cascaders	Lee Stocking	
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Hiawatha	Larry Kriesel 507-451-0591	Owatonna
Minnesota	Bob Brown 432-7557	12936 Galaxie Ave. Apple Valley 55124
Brown's Valley	Brad Drenttel 695-2427	P.O.Box 382 Brown's Valley 56219

Vacancies filled by vote of the Board of Directors. If interested call John Wexler, 722-7060.
Except where noted, all area codes are 612.

SPONSOR LISTINGS

Business owners, people in professional practices, and individuals listed in this section are lending support to the MCA and making their products and services known to the club members by using these Sponsor Listings. Contact Laura Fraser at 777-4994 if you would like to be listed.

Members are encouraged to patronize these sponsors.

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General Business Services
Laura Fraser
777-4994

Business Counselor for small business. Help with recordkeeping systems, taxes, strategy,etc.

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Strip Canoe Supplies
Bill Knudsen & Associates
488-1932

Complete wood pre-cut for a strip canoe, gunwales, thwarts, seats, etc. About $80-100 for sitka spruce or redwood.

.....

Art For You?
Marilynn Anderson
645-0169

I design logos, business cards, personalized stationery, advertising circulars, catalogs-your Christmas cards? Small or large jobs welcome.

.....

HUT! MOVES INTO BIGTIME ADVERTISING

Hut is now offering a full-blown advertising program. An attractive pricing shedule is available. For example, a quarter-page ad can be run for three months for only $18.00 per month. Prices are lower for longer runs.

The market which is tapped through HUT! advertising is unique. A well-timed and carefully-placed ad can increase buying-traffic dramatically.

Even the little guys can afford to advertise by using the new Sponsor Listings. One-eighth of a column in this section is available for six months for only $30.00, and for a full year for only $42.00. There are many products and businesses which can benefit by keeping their names before the members of the MCA in these ads.

MINNESOTA CANOE ASSOCIATION. INC.
P.O. Box 14177, University Station, Mpls., Mn. 55414

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Minneapolis, Minn.

TIME VALUED MAIL

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TO:
The most indispensable person in our Association –
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To Preserve Wilderness Canoe Waterways,
To Promote a Wholesome Family Recreational Activity,
Join The Minnesota Canoe Association Today!

MEMBERSHIP APPLICATION FORM

Name (Last name first) _____

Address _____

City and State _____

Zip Code (Our publications will not reach you without it) _____ Telephone _____

Age _____ Sex _____ Number of years canoeing _____ Occupation _____

Own canoe? _____ Type _____ How many others in your family canoe? _____

Type of Membership (Check one): ( ) Subscription (only), $5.00 ( ) Contributing, $50.00
( ) Regular, $8.00 ( ) Life, $100.00
( ) Supportive, $25.00

Make checks payable and send payment to the Minnesota Canoe Association, P.O. Box 14177, University Station, Minneapolis, Minnesota 55414.

If you are a member of one of the MCA Chapters, please circle your affiliation below:

1. Voyageur-Brigade du Canots du Nord
2. Cascaders
3. Marathon
4. 3M
5. Hiawatha
6. Desert-Austin

For office use. Do not write here.