HUT!

Newsletter of the Minnesota Canoe Association

September 1980

Calendar of Events

September 6 Saturday	Upper St. Croix River Cruise. Rendezvous at the Minnesota side of the Interstate Park at Taylor's Falls at 9:00 a.m. and drive to put-in at Nelson's Landing off Hwy F. Good easy cruise. Leader Cliff Jacobson - 612-437-7497.
September 7	Long Distance Race: "Little Fall River Race". Contact Jeff Thielen, 1135 Lindbergh Drive, Little Falls, Minnesota, 56345. (612) 632-3714.
September 13	Jensen Handicap for Long Distance Racers. Karl Ketter 1957 Lake St., Roseville, MN 55113.
September 14	Minnesota Women's Canoe Championship. (Tentative Date)
September 20	Minnesota Long Distance C-1 Championship. (Tentative date.)
September 21	Minnesota LD Mixed Teams Championship. (Tentative date).
September 28	Grand Fall Rendezvous and St. Croix Color Cruise and Canoe Builders Contest. Come one, come all, this is where we all get together! See article later this year.

*More information on whitewater races can be obtained from Bob Schuetzler (331-5284) or write to Jim Romach, 1176 Duluth St., St. Paul, MN 55106.

CRUISES

The ubiquitous John Wexler, president of the Minnestoa Canoe Association will be organizing a whitewater cruise. The purpose is to run eastern whitewater. He is considering either sometime in October or November. He is looking for experienced boaters and people to shuttle cars. Don't miss out on a chance to hit the mighty rivers of the Eastern U.S.A. such as the Chatooga in North Carolina and the New River in West Virginia. Call John as soon as possible at 612-722-7069.

Various trip leaders have told me of problems they are having with communication between trip leaders and participants because of total reliance on HUT! We came to a conclusion after discussing it with trip leaders and board members.

Before you decide to participate in a cruise you should contact the trip leader and give him or her your name and phone number. Most of all, find out what time and where he or she will put in. If a trip leader decides to put in at 8 a.m., it is up to you, the participant, to be ready to put in at 8 a.m. and not 10 a.m.

If a trip leader gets sick he should contact the cruise director or a friend that knows the river to take over the trip leader's place. If the trip leader can't contact anyone to lead the trip, he should call of the participants of the canceled trip.

I hope to see more trip leaders next year and would like to get them all off on the right track.

If you have any questions, feel free to contact me anytime.

Happy boating to all,

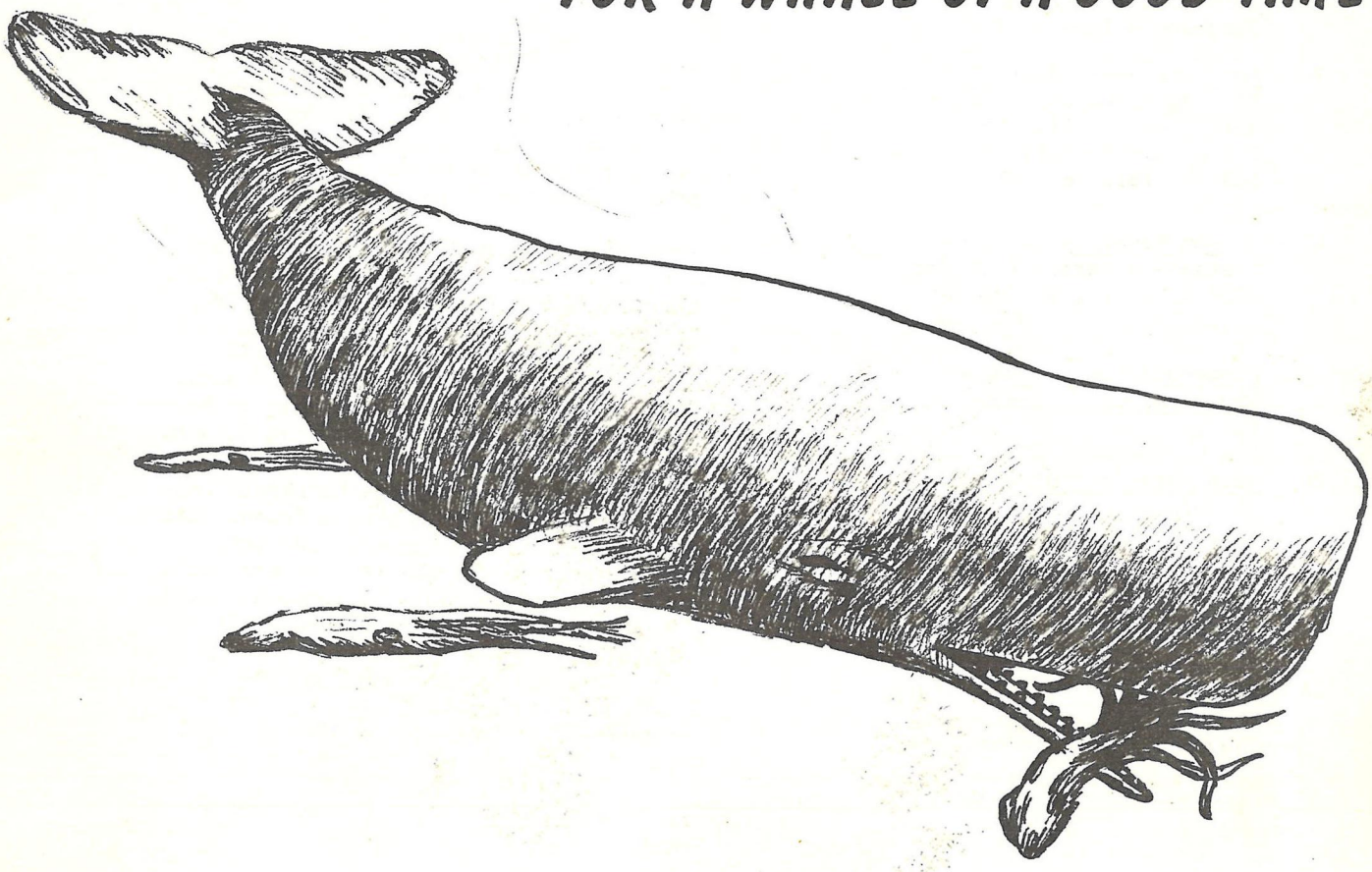
Mike Vande Vyver

ANNUAL BANQUET

MINNESOTA CANOE ASSOCIATION

SATURDAY, NOVEMBER 15,1980

FOR A WHALE OF A GOOD TIME



SEE NEXT ISSUE FOR MORE INFORMATION

BOUNDARY WATERS CANOE AREA
It's Political Survival

In the 94th Congress, there were two major bills regarding the BWCA that could have ended the controversy and clarified the Canoe Area's status once and for all.

Congressman Donald Fraser recognized the need for more wilderness land allocations east of the Rockies by protecting the entire one-million acre BWCA. The bill would not allow any logging, motorized vehicles or mining in the area.

Congressman James Oberstar's bill would endorce the 2-zone system, allowing logging and motorized vehicles in one zone but not the other. 600,000 acres would be managed as wilderness and the rest converted to National Recreation Area. His bill would also prohibit mining.

"The two bills created battle lines drawn generally between southern and northern Minnesotans, between economic classes, between those contact with the Boundary Waters is exclusively for recreation or study and those who profit someway by using the land," said Miron L. Heinselman, chairman of the Friends of the Boundary Water Wilderness and plant ecologist at the U.S. Forest Service's North Central Forest Experiment Station in St. Paul, Minn.

In towns located on the edge of the BWCA, residents were aroused over attempts by "outside agitators" to come in and dictate the use of the land. At one point a Forest Service building was burned, tires were slashed on vehicles owned by pro-wilderness people.

During hearings in the summer of 1977 in Minnesota on the two bills, there was much shouting and finger pointing. Some people claimed that making the BWCA a full wilderness would deplete the local tax base to a critical degree. Resort owners said they would go bankrupt. Loggers said they would not have enough softwood if they were banned from the BWCA.

On the other side, a group was formed called the Friends of the Boundary Waters Wilderness. Its campaign includes a poster with a spectacular photograph of canoe country and two lines of small, white type: "The Boundary Water Wilderness--Take a Long Last Look Before It Vanishes."

This is only part of the story. It will be continued in subsequent issues of HUT!

NOTES FROM YOUR CRUISING DIRECTOR

By Mike VandeVyver

I've been very busy the last month building a garage to store my boats in and repairing the roof on my house. If anyone had trouble reaching me, I'm sorry. It took a bit, but my projects are just about completed. I did take time off for a day last month to run the Kettle River hoping to see John Wexler there, only to learn he didn't make it? I joined Ian Richards and helped him with his whitewater school on the Kettle and was quite impressed at the progress made although the water level was about a foot too low. It was quite tricky to get around the rocks. There were a few boaters that had problems and they were not sure what side to draw or read a river, but it all fits together after a few dozen canoe trips. Now that you've complted your whitewater course you can all join me on Sept. 13 or 14 on the Peshtigo River in Wisconsin. Call a week or so ahead of time. I'm still looking for partners to explore part of the Amazon River in South America. If interested don't be afraid to call. I would like to have someone who can read or speak Spanish and a good photographer or anyone else. This trip would last three to four weeks and you may never forget it. I'm also looking for cruise leaders. Without cruise leaders and trips we could never survive in force. If interested, call me at 922-7633.

Various trip leaders have told me of problems they are having with communication between trip leaders and participants because of total reliance on HUT! We came to a conclusion after discussing it with trip leaders and board members.

Before you decide to participate in a cruise you should contact the trip leader and give him or her your name and phone number. Most of all, find out what time and where he or she will put in. If a trip leader decides to put in at 8 a.m., it is up to you, the participant, to be ready to put in at 8 a.m. and not 10 a.m.

If a trip leader gets sick he should contact the cruise director or a friend that knows the river to take over the trip leader's place. If the trip leader can't contact anyone to lead the trip, he should call of the participants of the canceled trip.

I hope to see more trip leaders next year and would like to get them all off on the right track.

If you have any questions, feel free to contact me anytime.

Mike Vande Vyver

LAST MINUTE UNPLANNED TRIPS

by Mike Vande Vyver

MCA members who are planning canoe trips can call me for a week to week schedule and other information at home after 6 p.m. and before 11 p.m. Monday through Friday. For example, if you decide to canoe the Snake River on Saturday, let me know by Wednesday or earlier. I will then be able to inform others of your plans. Please try to plan ahead. Don't hesitate to telephone -- my number is 922-7633.

For those who are interested, I have information available for trips all over the world.

RIVER FALLS DAYS 1st ANNUAL CANOE RACE

by John Wexler

The Southern Minnesota Canoe Association team, represented by Douglas and Gary Sumner, tipped while attempting to squeeze past the first place team of Walt Hirschy and John Wexler as the first bouy was being rounded. Later, the Sumners' finished third against eleven other teams in the two mile race.

Clark and Robert Kinderman from River Falls steadfastly held second place during the entire race.

Following the above standard class race, an adult-child race was held. The results are as follows:

1st Walt Hirschy, Todd Larson
2nd Douglas Sumner, Bev Sumner
3rd John Persico, Christy Persico

Race officials and organizers were Jim and Ann Kerfoot. The announcer was Joe Conrad. Trophies and enthusiasm were furnished by the Sons of Knute Cross-Country Skiing and Sour Kraut Society, Canoe Touring Division, River Falls Division.

Walt's Namekagon Trip

July, the month of the ruby. It is said, when the month of July comes, summer shifts into high gear - days hazy, shimmering heat. They also say that July looks both forward and backward - things are still growing, but still there are signs of fall - how early in the year it begins to be late. Bearing these things in mind:

Nine canoes gathered at the Old Howell Bridge campground on the Namekagon Friday evening, July 11. Among those present were Roland D. Wilsey (an old friend of mine of 40 years standing, a man whose company I have always enjoyed); Jim and Lenora Seaward (Jim being a friend of one year's standing, with personality plus, and Lenora being a grand person who was able to put up with us three gents - she sure was kidded about that); Earl and Janice Liberko; Caryl and Brett Duke for whom no water seems too rough; Penny Mielke with her kayak; Dennis and Judy Beltmann; Rodger, Pat and Bonnie Hudella; Terry and Sandy Lemke; two couples from our St. Cloud Chapter, Mike and Marg Zapf and Joe and Polly Hoover; AND yours truly, Walter B. Jones.

At 9 a.m. on Saturday we left the Howell Bridge site to where we launched our canoes, County Road K bridge. No time was lost and we were off. We stayed pretty much together through the rapids (there were enough to be enjoyed). Once in a while someone would get hung up (who, me?). We saw lots of young ducks, muskrats, signs of beaver and other wildlife. After an enjoyable lunch we had a few more rapids; but mostly we had to watch for sand bars as the water was quite low.

On Sunday we shuttled to the Namekagon Trail bridge, cutting off 10 miles of the run because of the heat and low water (figured we might have trouble with the rocks forming the rapids where the Namekagon joins the St. Croix). Joe drove us back to Howell where we took off at 10:15 a.m. and finished our cruise at 3 p.m.

I wanted to thank everybody personally but I was so busy loading that by the time I got through, most had left. Everyone expressed the hope that we will have the cruise again next year; and that we will so help me God. H O W E V E R, if we can arrange it, we will go again on September 27, 1980. If those interested contact me at 488-4570 about that date, I will let you know. You will all be most welcome. Let's hope we have some rain so there will be enough water to take us over the rocks the last 10 miles. That stretch is interesting. The water moves faster. There's more downhill flow; you can see it with the eye. Sounds exciting, don't you agree?

Walter B. Jones

(Thanks, Walt, it was a good trip.)

Cooking

Mary Lou Thorpe, living in the rolling hills in Eagan, adjacent to the Minnesota River Valley, isn't going to give you anything to cook-but she passes on some good tips about how to test wood fire temperatures. It's an idea gleaned in 4-H Club work with her children--Rachael 17, Bruce 14, and Colin 12.

In a sense, her method is a tolerance test. You have to decide how long you can tolerate heat of the fire before pulling your hand away! Here's her "recipe" for roughly determining amount of heat!

*if 6 to 8 count--it's slow (250 to 325°)
*if 4 to 5 count--it's medium (325 to 400°)
*if 2 to 3 count--it's hot (400 to 500°)
*if 1 count--it's very hot (over 500°)

If you can't get to a 1 count, you have built too big a fire! Conserve wood by building a small fire and adding to it as needed.

Reflector oven temperature can be tested by holding a hand in front of the baking food. Your count should be 1, 2, 3--that's all! In other words, hot!

Types of wood make a big difference. If you have a choice, here's what works best:

Quick flames for boiling--spruce, pine, balsam, fir, red maple, basswood and elder.

Even-flame and lasting coals--oaks, hickories, birches, sugar maple, white ash (can be used green), eucalyptus, locust, beech, mesquite, walnut, apple, and doogwood.

Health Building Foods

Editors of health and organic gardening magazines at Rodale Press in Pennsylvania compiled a list of ten foods which they feel offer the most in value and flavor in building one's health:

1. Wheat germ
2. Sunflower seeds
3. Sprouts
4. Nuts
5. Brown rice
6. Herb teas
7. Whole wheat flour
8. Fresh fruits and vegetables
9. Eggs
10. Raw bran

BANNOCK

2½ cups flour
5 tsp. baking powder
½ tsp. salt
3 TBSP sugar
3 TBSP lard or shortening
1 egg (optional)
1 cup water

Combine flour, baking powder, salt and sugar in a bowl. Add lard and cut into flour mixture until the size of peas. Combine egg with water and add to flour mixture. Stir to form a soft ball and knead until smooth--about 10 seconds. Lightly grease a heavy cast-iron skillet with lard. Dust with flour. Place dough on board and cut in half. Heat pan on live coals for 5 minutes. Place half of dough in pan and bake for 5 minutes. Raise pan to 1½ feet above coals and bake ten minutes or longer, until under side is light brown and crusty. Turn and bake other side about 10 minutes. Bake remainder of dough the same way and serve warm. Serves 6

You may also bake this in an oven for 20 minutes if you don't happen to be camping but would like to try making bannock.

I've tried this with fruit mixed in, which makes it even better.

Barb Ford

Douglas Fir Cone and Seed



BUILDING ACTIVITIES

By Lee Hunt
Although I am the new Building Director I am sort of new to building canoes. I want to encourage all of active builders and designers to contact me and let me know what their current activities and projects are. I would also like any builders who have any special building tips to contact me.

Building your own wood strip canoe is a sensible alternative to the high cost of a good canoe. You don't have to be a carpenter or own a lot of special tools to build a canoe, just be careful as you work and don't hurry.

To build your own canoe you can expect to pay $150 to $200 for materials and spend 150 to 200 hours building it. These figures are only rough estimates, but should be close for most builders.

A wood strip canoe is fairly easy to construct. A series of wood strips are edge glued together over a set of forms. The forms are somewhat like a mold and have the cross-sectional shape of the canoe hull at various locations.

When all the strips are glued together the inside and the outside of the hull are fiberglassed. This is a simplified explanation of building, but the MCA has a building kit which includes a detailed how-to-do-it book and a set of plans which is available.

The MCA also has many other plans available for 17 to 18-foot cruising canoes, 14 to 15-foot solo canoes, kayaks and racing canoes.

Forms for some of these canoe designs can be rented from the MCA along with a strong back. The rent is nominal. Call Lee Hunt, the Building Director, for more information.

Editor's Note

EDITORS DEADLINE: Please plan ahead for all canoeing events. We want to try to get HUT! mailed on the first of each month. Giving a week for printing and mailing, a week to find time for lay-up, a week to get typing done and a week to find time to edit means: NEWS & ARTICLE and CALENDAR ENTRY DEADLINE IS THE FIRST DAY OF THE MONTH PRECEDING THE MONTH OF YOUR EVENT! Good turnout is insured by even more advance notice. We are trying to keep all events on the calendar.

TRADING POST
Free ads to MCA members

MCA Patches for sale: $2.00 each, unlimited supply. Send check to Venice Barsness, MCA Vice President.

FOR SALE: 16'16" Mad River Malecite, excellent condition, $500. Jim Bower (St. Cloud), 612-253-2525 (work), or 612-253-1682 (home).

FOR SALE: Ultra-high volume cruising C-1 (please bring ear protection when scoping it out). This boat is real junk but for $30 how can you go wrong? George-825-0711.

FOR SALE: Would you believe Jim Romach is selling a rare classic 17-foot Grumman for only $300? Neither would I, but call Jim before August 28, 1981, and he will even throw in a sailing rig--771-0694 (H), 738-4769 (W).

FOR SALE: Tim Nelson ordered a John Brown Super kayak and must sell his Prijon Special to cover the down payment. For $300 you can own this S-glass, nylon, epoxy boat complete with adjustable foot braces and ethafoam walls. Call 482-1819.

FOR SALE: One low mileage epoxy Mark IV kayak suitable for cruising/slalom. Good boat for a large individual. Ed Stegman is asking a paltry $250, so call him at 432-9352.

FOR SALE: 18 foot red, fiberglass canoe made from the "Old Towne" mold the 3M Chapter has. Gunwales and seat frames are mahogony plank. C.M. and F.M. Skweres are asking $50. Call 489-6615 after 5 pm.

MCA Canoe Building Supplies

FOR SALE: MCA resin and fiberglass cloth. Polyester resin with catalyst is $10.95 per gallon. Four ounce cloth, 50 inches wide, is $2.05 per yard; 7½ ounce cheese cloth, 60 inches wide, is $2.85 per yard. Rules for purchase: Call ahead and schedule pick-up time. Payment by check or money order to Minnesota Canoe Association. No Cash. Bring a valid membercard.

Depots:

Dan Busch	222-5760	S. St. Paul
Betty Ketter	561-2208	North Minneapolis
Chris Berne, Berne Scale Co.	544-2422	West Suburbs, South Minneapolis

1979-80 BOARD OF DIRECTORS

MINNESOTA CANOE ASSOCIATION, INC.

Executive Committee

President	John Wexler 722-7069	2923 S. 16th Ave. Minneapolis 55407
Vice President	Venice Barsness 871-6905	1425 LaSalle Ave. Minneapolis 55403
Secretary	Penny Mielke 776-1935	1880 E. Shore Dr. St. Paul 55109
Treasurer	Chris Berne 929-5714	5057 Ewing Ave. S. Minneapolis 55410
Membership	Terry Lemke 331-2798	5 Barton Ave. S.E. Minneapolis 55414
Publications	Joe Conrad 715-425-2818	420 E. Spring River Falls, WI 54022

Activity Committee

Cruising	Mike VandeVyver 922-7633	2608 W. 60th St. Minneapolis 55410
Building	Lee Hunt 724-6442	5505 - 30th Ave.S. Minneapolis 55417
Conservation	Wayne Sames 645-3319	940 Sherburne St. Paul 55104
Education & Safety	_____	_____
Program & News	Mike & Sharon Gilman 935-5799	810 S. 6th St. Apt. 1 Hopkins 55433
Volunteers (3 year)	_____	_____

Chapter Committee

Liason (3 year)	_____	_____
Long Distance Racers	Warren Thunstrom 780-2866	9401 Flintwood Minneapolis 55433
Voyageurs	John Wheeler 633-6500	2690 Huron St. Roseville 55113
Desert (Austin)	Ardell Gorman 507-433-7465	810 - 10th Ave. Austin 55912
Cascaders	Lee Stocking	
3M	Keith Coad 733-9399	6958 N. 10th Oakdale 55119
St. Cloud	Mike Zapf 251-5807	1714 Woodland St. Cloud 56301
Hiawatha	Larry Kriesel 507-451-0591	Owatonna
Minnesota	Bob Brown 432-7557	12936 Galaxie Ave. Apple Valley 55124
Brown's Valley	Brad Drenttel 695-2427	P.O.Box 382 Brown's Valley 56219

Vacancies filled by vote of the Board of Directors.
If interested call John Wexler, 722-7060.
Except where noted, all area codes are 612.

SPONSOR LISTINGS

Business owners, people in professional practices, and individuals listed in this section are lending support to the MCA and making their products and services known to the club members by using these Sponsor Listings. Contact Helen Olson at 447-4904 if you would like to be listed.

Members are encouraged to patronize these sponsors.

.....

Strip Canoe Supplies
Bill Knudsen & Associates
488-1932

Complete wood pre-cut for a strip canoe, gunwales, thwarts, seats, etc. About $80-100 for sitka spruce or redwood.

.....

Art For You?
Marilynn Anderson
645-0169

I design logos, business cards, personalized stationery, advertising circulars, catalogs-your Christmas cards? Small or large jobs welcome.

.....

HUT! MOVES INTO BIGTIME ADVERTISING

Hut is now offering a full-blown advertising program. An attractive pricing shedule is available. For example, a quarter-page ad can be run for three months for only $18.00 per month. Prices are lower for longer runs.

The market which is tapped through HUT! advertising is unique. A well-timed and carefully-placed ad can increase buying-traffic dramatically.

Even the little guys can afford to advertise by using the new Sponsor Listings. One-eighth of a column in this section is available for six months for only $30.00, and for a full year for only $42.00. There are many products and businesses which can benefit by keeping their names before the members of the MCA in these ads.



MINNESOTA CANOE ASSOCIATION. INC.
P.O. Box 14177, University Station, Mpls., Mn. 55414

Bulk Rate
U.S. POSTAGE
PAID
Permit No. 615
Minneapolis, Minn.

TIME VALUED MAIL

ADDRESS CORRECTION REQUESTED

To Preserve Wilderness Canoe Waterways,
To Promote a Wholesome Family Recreational Activity,
Join The Minnesota Canoe Association Today!

MEMBERSHIP APPLICATION FORM

Name (Last name first) _____
Address _____
City and State _____ Telephone _____
Zip Code (Our publication will not reach you without it) _____
Age _____ Sex _____ Number of years canoeing _____
Occupation _____ Own Canoe? _____ Type _____
How many others in your family canoe? _____

Type of Membership (Check one):

( ) Regular, $8.00 ( ) Contributing, $50.00
( ) Supportive, $25.00 ( ) Life, $100.00

Make checks payable and send payment to the Minnesota Canoe Association, P.O. Box 14177, University Station, Minneapolis, Minnesota 55414.

If you are a member of one of the MCA Chapters, please circle your affiliation below:

1. Voyageur-Brigade du Canots du Nord
2. Cascaders
3. Marathon
4. 3M
5. Hiawatha
6. Desert-Austin

For office use. Do not write here.