ISSN 0739-7445

HUT!

MINNESOTA CANOE ASSOCIATION INC. July 1984 / Volume 20, Number 7

CALENDAR OF EVENTS

(FMI= for more information)

CALENDAR RIVER RATING CODE

example:**@Q,I-A (trees,cold)**

@ = code following
Q = quiet water; **W** = Whitewater
I-A = skill level required: **B**eginner, **N**ovice, **I**ntermediate, **A**dvanced
( ) = special conditions requiring rating

JULY

CANOE POLING INSTRUCTION
1 **Sunday 11:00 A.M. - 4:00 P.M.**
Coon Rapids Dam on Mississippi
FMI Burt Levy (612)729-8874.

READING WHITEWATER SLIDE PRESENTATION
2 **Monday 7:30 P.M.**
by Burt Levy of MCA
At Midwest Mountaineering(612)339-3433

GRAINBELT DOWNSTREAM CANOE RACE - ST. CLOUD
6 **Contact: Doug Severson, Route 5,**
Sherwood Shores, St. Cloud, MN 56301

MANKATO BEND OF THE RIVER DAYS CANOE RACE (MCA)
7 **contact: Dale Hennak**
Route 7, Box 307, Mankato, MN 56001

RESCUE CLINIC
7 **Saturday 9:00 A.M.**
Sand Creek at Hwy 21 in Jordan MN
FMI Bek Craig (612)929-9454 or article

WENDING THROUGH THE WILLOWS
7 **Saturday, shuttle provided**
Mississippi-Clearwater to Monticello
$5. your canoe/$10. our canoe. FMI
Coon Rapids Dam Regional Park,757-4700

RAPID RIDERS MEETING
10 **Tuesday 7 P.M.**
Jan Amberson's
FMI Jan (612)376-7520.

MONTHLY DIRECTORS MEETING
11 **Wednesday 7:00 - 10:00 P.M.**
All members welcome.
Minnesota Federal Savings & Loan
31 9th Ave.S., Hopkins

TWIN PORTS GENERAL MEETING
12 **Thursday at 7:00 P.M.**
Summer Activity Schedule
London Road Godfather's Pizza
Downstairs meeting room

"FLATWATER SLALOM" OUTING
14 **Saturday,**
St. Louis Bay by Billings Park
FMI Dean McCall (home (715)394-2866; work (612)722-2641 ex.3261) by Wednesday evening, July 11th.

MINNESOTA RIVER
14 **Saturday @Q,B,**
Belle Plaine to Chaska, Easy Cruise,
Leader Mike Gilman (612)428-4400.

MISSISSIPPI RIVER TRASH CLEANUP
14 **Saturday,**
Showboat Landing to Navy Island
Organizer-Mississippi River Revival
FMI Bill Zachman (612)874-8139

EFFICIENT PADDLING-BASIC
14 **Saturday 10 A.M.**
Basic canoeing course; Cost is $5.
Showboat landing on Mississippi River.
See Canoe classes article.

HUT!

HUT! is the signal on which paddlers change sides. It was first used by Tom Estes and Eugene Jensen in the 1940s as they won four Aquatennial canoe races. It was adopted as the title of the MCA magazine because it symbolizes the teamwork and coordination necessary for effective canoeing.

HUT! is the monthly newsletter of the Minnesota Canoe Association, Inc. Copyright 1984, all rights reserved.

HUT! STAFF

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Deadline For Each Issue:
Articles should be submitted to the Editor no later than the 10th of the month preceding publication. Send submissions to: Winnie DauSchmidt, Editor, 1679 W. Minnehaha, St. Paul, MN 55104.

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Austin, MN 55912
(507) 433-7465

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Rapid Riders & Kayak
2923 16th Avenue South
Minnepolis, MN 55407
(612) 722-7069

CALENDAR OF EVENTS

EFFICIENT PADDLING-INTERMEDIATE
15 Sunday 10 A.M.
Prerequisite: Efficient Paddling-Basic
Mississippi Park Landing, on the river at Hwy. 252 (83rd Ave. North). Cost is $5. FMI Burt Levy, 4000 40th Ave. S. Minneapolis, MN 55406 (612)729-8874

RAPIDRIDERS PROGRAM
17 Tuesday 6:30 P.M.
Picnic and Kayaks; dealer displays
Hidden Falls Park, St. Paul
FMI John Wexler (612)722-7069

ESKIMO ROLLING
17, 19, 24, & 26. Evenings Tues. & Thurs.
Summer sessions at Lake Nokomis
FMI contact Mike Pease (612) 222-3191.

COME PADDLE WITH US
18 Wednesday 6:30-9:30 P.M.
Try paddling different canoe styles
Lake Nokomis, Minneapolis
FMI Jim Robinson (612)588-5402

ST. LOUIS RIVER
20,21,22 Fri.-Sun. @W,I-A, Class III.
Leader Mike Pease (612)222-3191.

COOK TIMBER DAYS CANOE RACE (MCA)
21 contact: Dave Culbert
Box 158, Cook, MN 55723

MISSISSIPPI MEANDER
21 Saturday, shuttle provided
Otsego to Champlin
$5. your canoe/$10. our canoe. FMI
Coon Rapids Dam Regional Park,757-4700

STATE VFW RACE
21 contact: Douglas Sumner
Rt 1 Box 129D, Telemark Road
Dundas, MN 55019

MISSISSIPPI LOCKATENNIAL CRUISE
22 Sunday @Q,B,
Camden to UofM, Aquatennial time,
Leader Jim Robinson (612)588-5402.

8TH ANNUAL SKI-HUT/KZ10 CANOE CLASSIC
22 contact: Scott Neustel
1032 East 4th St., Duluth, MN 55805
alternate contact:Jim Wheeler
1910 E. 3rd St., Duluth, MN 55805

LITTLE FALLS/MCA CANOE RACE
Pro and Citizens race
25 contact: Jeff Phielen, RR4, Box 356A
Little Falls MN 56345.

WHITEWATER RODEO
27-28 Friday & Saturday
Down river & Slalom races
Ococee River, Tennessee
FMI see article.

ELY CANOE DERBY
28 contact: Piragis Northwoods Co.
105 N. Central Ave., Ely, MN 55731

AUSABLE MICHIGAN CANOE RACE
28 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

A SUMMER PLEASURES CANOEING EVENT
30 Monday 6:30 - 8:30 P.M.
Mississippi south of Broadway Bridge
St. Anthony Locks to U.M. landing
Mpls. St.Paul Magazine & MCA event
FMI Jim Robinson (612)588-5402

AUGUST

MONTHLY DIRECTORS MEETING
1 Wednesday 7:00 - 10:00 P.M.
All members welcome.

MISSISSIPPI RIVER
4 Saturday @Q,B,
Monticello to Dayton,
Potluck picnic afterwards at Gilman's,
FMI Mike Gilman (612)428-4400.

SCOUT NATIONALS
4 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

URBAN WILDS
4 Saturday, shuttle provided
Mississippi-Coon Rapids to Camden
$5. your canoe/$10. our canoe. FMI
Coon Rapids Dam Regional Park,757-4700

SOLO CHAMPIONSHIPS (MENS/WOMENS)
5 contact: Jerry Kassenchuk
245 Paisley Lane, Golden ValleyMN55422

RIVER BASICS: PADDLING SERIES
7, 14, 21, 28 Tuesdays
$20. for 4 part series. FMI Coon
Rapids Dam Regional Park,757-4700

CANOEING WITH KIDS
9 Thursday
Leisurely; through Mississippi locks
See cities from new angle
FMI Woodswomen (612)870-8291

JUNIOR MISSISSIPPI CLASSIC
11 contact: Betty Ketter
101 79th Ave. No, Minneapolis, MN55444

NAMEKAGON AND ST. CROIX RIVERS, WISC.
11-12 Sat-Sun @Q,B,
Old Howell & T-bridge to Riverside.
Easy cruise; family fun.
FMI Winnie DauSchmidt (612)644-6115.

CANOE TREK FOR LIFE & BREATH
11-17 Saturday-Friday
White Otter Wilderness, Ontario,Canada
American Lung Association
FMI (612)227-8014 or (800)642-LUNG

BETTY KETTER'S MOONLIGHT CRUISE.
August or September @Q,N.
FMI call Betty Ketter (612)561-2208

QUETICO PROVINCIAL PARK CANOE TRIP
12-25 Two week Wilderness Outing
Guides, food, outfitting provided
FMI Woodswomen (612)870-8291

VERMILLION RIVER CRUISE
17-19 Friday - Sunday @W Class II,III
Paddling various sections
The rapids Class II-III, with some IV
& VI are easily portaged. FMI contact
Burt Levy (612)729-8874 or John Wexler
(612)722-7069.

MISSISSIPPI RIVER PRESIDENTS CRUISE
18 Saturday @Q,B,
Camden to Fort Snelling State Park,
FMI Venice Barsness (612)588-5402.

USCA NATIONALS
18 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

RAPID RIDERS PROGRAM
21 Tuesday 6:30-9:30 P.M.
Poling & Picnic
Minnehaha Creek at Lake Nokomis
FMI Paul Rem (612)645-3538.

SHAWINIGAN
Sept 1,2,3 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

Healthy Food



in Small Packages at REI

At REI we know that when you're out paddling you need healthy fuel to keep on strokin'. That's why we offer lightweight, all-natural **Boundary Water Outdoor Foods,** using only unprocessed whole-grain flours, and containing no salt, preservatives or additives. Entrees provide complete protein, and most large-serving dishes cook in just a few minutes. Select from 20 different items, from breakfasts and side dishes to desserts and dinners. Pack up with Boundary Water Outdoor Foods and enjoy good nutrition, tasty meals and quick-cooking convenience.

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Mon. through Fri. 10:00 a.m. to 9:00 p.m.; Sat. 9:30 a.m. to 5:30 p.m.; Sun. 12:00 noon to 5:00 p.m.
• **Rentals Available** •

THE END OF BEGINNING

Draw!...Brace!...LEAN DOWNSTREAM!!! These were common requests (read commands) of the instructors and paddling partners at the recent river sessions of the Beginning Whitewater class. As a result of these sessions everybody got wet, some got wetter. All involved learned about the variable nature of whitewater paddling and how to work with the whims of fast moving water coursing down a rock strewn riverbed.

Everyone agreed; that, the weather was especially fine (both weekends), the food was great, the sauna mighty steamy, and that the instructors did a great job. One item still being discussed though, is; who really closed the Crow-Bar?

Special thanks of course has to be given to all of the instructors and other people who donated a great amount of time and effort to make this the best ever MCA Whitewater class. The enthusiasm generated and great time had by all will be remembered well into the post-paddling season.



(photos by Burt Levy/Graphic Images, Mpls)

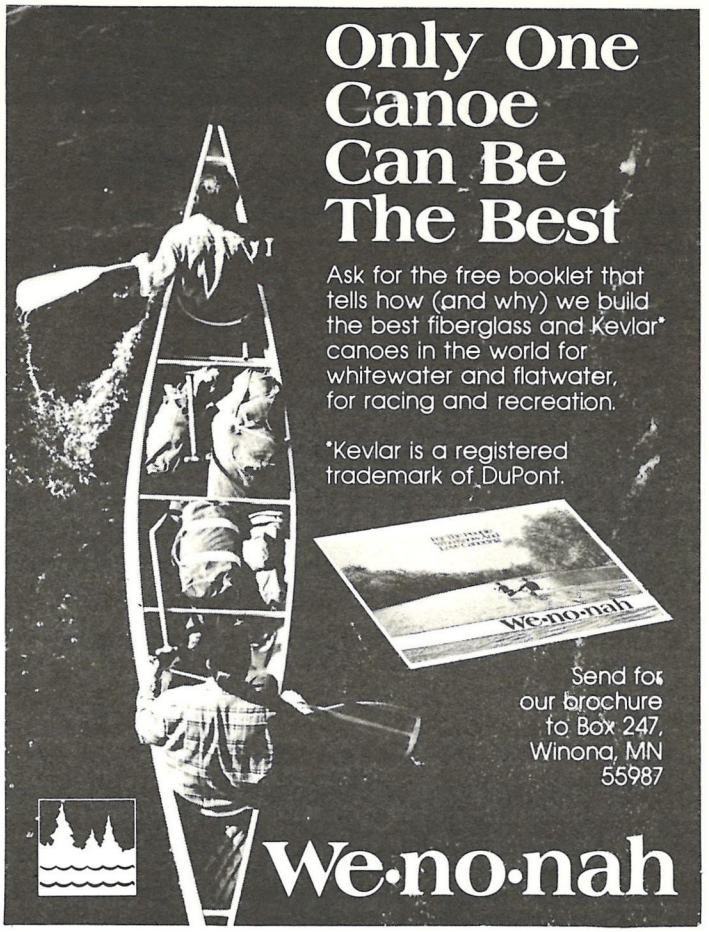
Finesse and exuberance are displayed by Nancy Nielson (bow) and Marilyn Moore as they take the first drop of May Ledges on the Bois Brule River. They were among the 36 students who successfully completed the Beginning Whitewater class.

CANOE PADDLING CLASS REPORT

by Andrea Vargo

The sun gods smiled on the MCA class of beginning canoeists as they cautiously launched their assorted crafts into the murky waters of the Mississippi. Later on they had occasion to frown a bit as we all made mistakes--sometimes over and over! I was fortunate to draw an instructor as a partner. A gentleman of reasonable patience, he only occasionally yelled, "WHAT are you DOING!" Naturally, I hadn't the vaguest idea as I was watching ducks when I should have been watching for other canoes. Then, I seem to be plagued with short, choppy strokes and a tendency to wobble a bit on the draw strokes. Wish I were 6 feet instead of 5'3". I was really appreciative of the running commentary from the rear (stern?) of the canoe as the repetition began to sink into my somewhat muddled brain.

Being quite uncomfortable around so much water (more than my bathtub), I was pleased that I came off the river so much more confident than when I embarked that morning. Basically, I had a private lesson, plus! It was really interesting to listen to the corrections made for other paddlers. I could see the mistakes, and then, hear and see the corrections. This was an excellent way to teach alot of people many things very quickly. It was well run and well instructed. I would like to thank the MCA and the very able instructors for the opportunity to try to learn something about the mechanics of canoeing. I will learn to rotate my shoulders rather than lean so much and I'll go back to exercise class so I will be strong enough to control my "wobble"! One of these Monday nights when the Rookie Racers meet, you will hear a groan and maybe some questionable language from a perfectly nice gentleman with a reddish beard, when this short, overweight lady, (who forgets to paddle and watches ducks), comes to inflict herself upon some unsuspecting racer. My redeeming features??? I want to learn, I do try, and I usually bring something good to eat!





101 - 79th Avenue North / Minneapolis, Minnesota 55444

WOOD STRIPS: Ceder or Redwood-16, 18, 20 foot lengths. 3/4" and 1 1/2" widths. Wood is carefully selected and cut by a little old Swedish carpenters who mix sawdust with their coffee.

CANOE RENTAL: Winona, Sawyer, Beaver, Alumacraft, Paddles, PFD. $13.00 a day. Call to reserve specific high performance models. Group and shuttle service arranged.

CANOE LESSONS: On most any day you can paddle our rental canoes while we yell a few hints to get you out into the current. For a complete canoe technique analysis and personalized instruction with all equipement- $15.00 and can be arranged for one or three people. Instruction will be tailored for your next canoe adventure.

MCA RESIN & FIBERGLASS DEPOT: also stocking web and cane seat, thoarts, yokes, gunnels, footbraces for those builders under pressure to get the project out of the living room.

WHITEWATER RAPIDS CANOEING RIDERS

NEWSLETTER OF THE WHITEWATER CANOE AND KAYAK CHAPTER

President: John Wexler, (612)722-7069
Cruising: Mike Vande Vyver, (612)926-7633
Membership: Paul Rem, (612)645-3538

The Rescue class is filling fast. We have a limited number of instructional materials. Texts will be sold to those that send their money in first.

Accomplished poler and recently renewed MCA member George Skinner says that if he is still in Minnesota on August 20th, he will join us at the poling and picnic meeting at Minnehaha Parkway near Lake Nokomis at 6:30.

July 17th will be our Kayaking meeting. Dealers and you-members are asked and being asked to bring your kayaks and other weird decked boats to Hidden Falls Park in St.Paul near the Ford Parkway. The current is good and hope-fully you will be able to pickup some tips on kayaking and try different boats.

These monthly meetings are good chances to meet both experienced boaters and people looking for partners. Spontaneous trips are planned here and planned trips usually get started at these meetings.

Wayne Munday from St.Cloud called and said he is interested in running the Wolf and Pestigo, but would like to go with some one who has been there before. Wayne said that he would like to meet other whitewater paddlers in the St.Cloud area. You should call him at 253-4144 or attend the next St.Cloud Canoe Club meeting.

As of June 12, water levels are at record highs. Pine City & Rush City each received 4 to 5 inches respectively. The Kettle is so high it's over the gage. The St. Louis is gushing at 8,500 cubic feet/second (cfs). The beginning whitewater class ran it at 1,500cfs. As of the 12th it is a very risky river. By July this should be down considerably. Since we have received these recent rains we have had many a spontaneous trip go out. To find out about these and other trips, call Mike Pease, the Rapid Rider Trip Coordinator, at (612)222-3191.

CRUISE-HOT-LINE (612) 379-7073

MINNESOTA CANOE ASSOCIATION
&
NORTH STAR SKI TOURING CLUB

THE DULUTH TRAVELER



NEWSLETTER OF THE TWIN PORTS CHAPTER

President: Rick Luck, 18 W. Owatonna Street, Duluth, MN 55803 724-7992
Cruising: Liz & Fred Freeman, 525-6486
Whitewater: Sue Marsh, 879-5581
Racing: Jim Wheeler, 722-8010

Our next general membership meeting will be Thursday, July 12th at 7:00 P.M. in the downstairs meeting room of the London Road Godfather's Pizza. We will be distributing and going over our summer activity schedule, which includes more daytrips, paddle & picnics, and overnighters. To stay up-to-date on what's happenin' in the Duluth area for paddling activities, plan on being there.

Dean McCall is hosting a "flatwater slalom" outing on Saturday, July 14th on the St. Louis Bay by Billings Park. This is not a race or an event for experienced paddlers only. Instead its a learning session and a FUN way to measure your own progress. For those that wish to compete, timing will be available; but, competition is not the sole purpose of the event.

Flatwater paddling through gates is excellent for learning and practicing paddling technique because the gates enable you to see and measure your progress and also add a challenge no matter what your level. The gates will be set up in one of the narrow bays so it should be warm and protected.

As with our other outings, Dean would like you to call him (home (715)394-2866; work (612)722-2641 ex.3261) by Wednesday evening, July 11th for reservations and details. He will also be looking for help with setting up the course Saturday morning and looking for input from the participants on their objectives.

It should be a fun way to improve your paddling skills and also settle once and for all the age-old question between bow and stern paddlers ---WHO is slowing down the boat?



NEWSLETTER OF THE LONG DISTANCE CANOE RACERS

President: Karl Ketter (612)636-8116/561-2208
MUD Editor: Jenny Graham (612)729-3475
Membership: Steve Nelson (612)822-4164/333-5336
Rookies: John Wexler (612)872-8282.

High water this spring and early summer has made a lot of the countryside accessible to paddlers. Long Slow Days, (the preferred training method of the racers hereabouts), were particularly exciting this year. "LSD" workouts, as popularized among racers by Karl Ketter, are 6-8 hour downstream practice sessions that build endurance and, most importantly, develop paddling technique and river reading abilities. They are conducted in the spring for two reasons: firstly, this sort of workout builds the base which the rest of the summer's training depends upon; and secondly, the high water in spring makes accessible those smaller rivers (and all their scenery) that are simply too shallow in summer.

We spent many hours touring hundreds of miles total on these rivers: South Fork of the Crow, Straight, Cannon, Zumbro, Root, North Fork of the Crow, Elk, and the Rum. Probably the most scenic was the Root, down in southeast Minnesota with its high juniper-covered bluffs and abundant wildlife. Most of the rivers wound through farmland, and on one trip down the North Fork of the Crow a herd of cows galloped along the bank with us for several minutes. Herding cows by boat was a strange feeling. Other wildlife spotted by paddlers were mink, owls, deer, and "a big moving thing". Al called it a creature from the black lagoon, but later decided it was probably a king-sized snapping turtle.

One of the main attractions of Long Slow Days is the opportunity to 'finesse' the other paddlers by successfully finding shortcuts through flooded woods and fields. The ideal shortcutter has the nose of a bloodhound to scent opportunity to cutoff a big meander of river (by guessing where the river is going and whether that trickle off into the trees will pan out) and the nerves of a boxer to submit himself to the lashes of unruly trees as he hacks his way through the cut. He also must display good sportsmanship and resist the urge to throw tantrums when a greuling cut ends up to be a deadend or a LONG cut. Occasionally a team would take an abandoned channel for miles and end up nowhere, or else tap into a tributary and find themselves going upstream!

If we were to only use Long Slow Days as training devices, for instance paddling 8 hours each Saturday and Sunday on the same stretch of the Mississippi, enthusiasm for weekend training would be pretty low. We very infrequently had nice weather, but the traveling and the scenery, and the ever changing rivers, appeal to the side in the racer that is not competitive at all, but adventuresome and nature-appreciating like any other canoer.

WELCOME NEW MEMBERS

Thomas A. Ajax	Minneapolis MN
Gregory K. Bernhardt	Duluth MN
Joyce Boos	Anoka MN
Julie Condecon	Golden Valley MN
Ben Fellows	White Bear LakeMN
Roger Fellows	St.Paul MN
Philip Garceau	St.Cloud MN
James Gustafson	St Paul MN
Rob Hallstrom	Brooklyn Park MN
Don Hamilton	Maple Plain MN
Gale Havrilla	Minneapolis MN
Reggie L. Hinrichs	Osseo MN
John P. Ingebrand	Mora MN
Pam Johnson	St.Anthony MN
Jon E. Ljungkull	St.Paul MN
Bryan Miller	Kentwood MI
Cindy Moews	Minneapolis MN
Glen Neddermeyer	Long Lake MN
Jack North	Cold Spring MN
Barbara Peterson	Coon Rapids MN
Lee D. Quint	Hampton MN
Leon L. Robert	Norfolk NY
William Schackman	St.Louis Park MN
James R. Schaefer	St. Paul Park MN
Herbert Schultz	Eden Prairie MN
Dennis Smith	Deer River MN
Thomas F. Stadtherr	Minneapolis MN
Teri Stehn	St.Paul MN
Tim Voss	Hastings MN
Greg White	Maple Plain MN
Rob White	Minnetonka MN
Chuck Winter	Roseville MN

LIFE MEMBER

Gary Field	Mound MN

LOCKATENNIAL CRUISE

Sunday, July 22nd, meet us at the Camden Bridge by 9 A.M. and join us for a cruise on the Mississippi. Get a different perspective of the city by viewing it from the river.

Plan on stopping at St.Anthony Main for lunch. Bring your own or taste the delicacies of the specialty restaurants. After lunch we will continue on down river through the Upper Harbor Locks and take out at the UofM Showboat Landing.

Shuttle will be arranged prior to the cruise. To register and FMI Jim Robinson (612)588-5402.

VERMILLION RIVER

The Vermillion River is one of Minnesota's most diverse and scenic rivers. It forms a portion of the western boundary of Superior National Forest, flowing north from Vermillion Lake for forty miles until it reaches Crane Lake. The scenery is magnificent, varying from northwoods bogs and pine forests to a gorge that closes in on the river and towers more than 60 feet.

Wildlife is abundant and frequently sighted. It is not unusual to round a bend in the river and come eye to eye with a grazing moose or be startled by the swoosh of bald eagle wings cruising just off your bow.

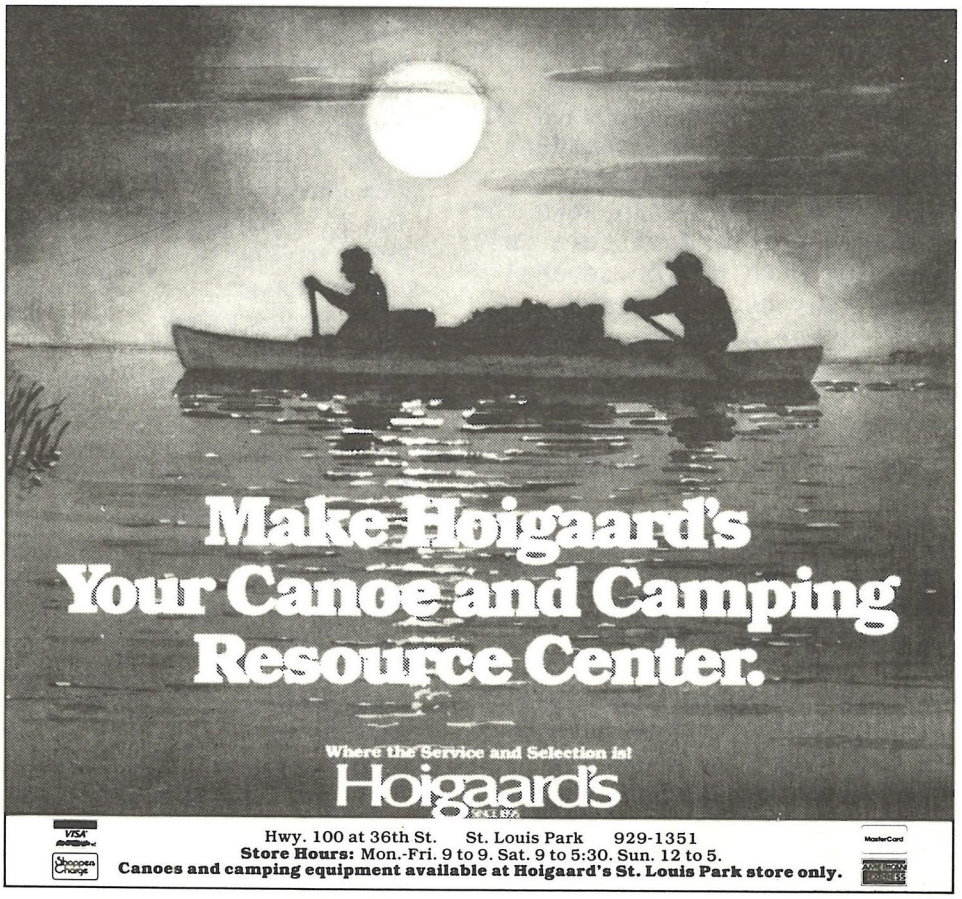
The Rapid Riders Chapter will be paddling various sections of the Vermillion on August 17-19. The rapids rate Class II-III, with some IV & VI. All rapids are easily portaged. FMI contact Burt Levy (612)729-8874 or John Wexler (612)722-7069

SUMMER PLEASURES

If you possess a canoe, or possess a compliant friend who has a canoe, show up just south of the Broadway Street bridge in north Minneapolis at 6:30 P.M. on July 30th. You can join a cruise (float) down the Mississippi, passing through the St. Anthony Locks to the Univerity of Minnesota Showboat Landing. Transportation back to your car will be arranged.

This SUMMER PLEASURES event is one of many being advertised by Mpls. St.Paul Magazine and WCCO radio

Call Jim Robinson (612)588-5402



ST.LOUIS & ROARING STONEY CRUISE

by John Wexler

Bring your spare paddle, grab your gunwales, move & groove, jump & jive, slip & slide, dodge and pirouette, eddy out & peel in, draw & pry or just head up the St. Louis, the Roaring Stoney and the ? river. Mike Pease will be leading this trip on July 19, 20, 21, and 22; leaving Thursday evening and returning Sunday evening.

The stretch we will run on the St. Louis will be the same stretch that was run by the beginning whitewater class in early June. Everyone thoroughly enjoyed thenselves even though a few canoers took swims at and after the electric ledge. If you want more info on what it feels like to catapult over the electric ledge, call Dave Nelson at 541-1211 or Barb Peterson at 421-4888 and you will get two completely different stories of what hapened as they went over the ledge and into the wall of water waiting below.

This section of the St.Louis is actually the beginning of a 600 foot drop that occurs within a distance of 15 miles. The beauty of this area is striking and I consider this one of Minnesota's gemstone river stretches. This stretch is located at the southern end of the Canadian Precambrian shield. It is also the sight of some of the most twisted and torturous landscape in Minnesota. There is an abundance of firs, jack pine, and other conifers that make this area look like a true wilderness. Two books that describe this area well are Streams & Rivers of Minnesota by Tom Waters, and Gathering of Waters by Greg Breining.

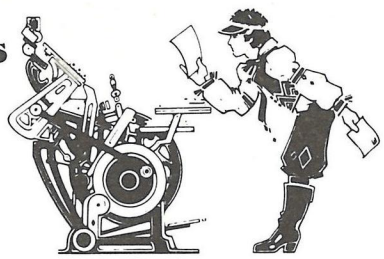
The Roaring Stoney near Babbit is a class II - III run and should be a good trip for open canoers. This river has not been run often so our present information is sketchy.

The ? river will be an exploratory run, only for experienced boaters. Others bring your cameras and rescue ropes and hike the shoreline. This river drops 160 feet per mile. A drop like that is comparable to the North Shore streams which should be run by experienced boaters only using extreme caution. If you want to paddle sometime milder on that day, we can recommend another stretch of river.

SAVE $50.00
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SAILBOARD
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309 Cedar Ave. So., Mpls. • 339-3433 • Weekdays til 9, Sat. 10-6
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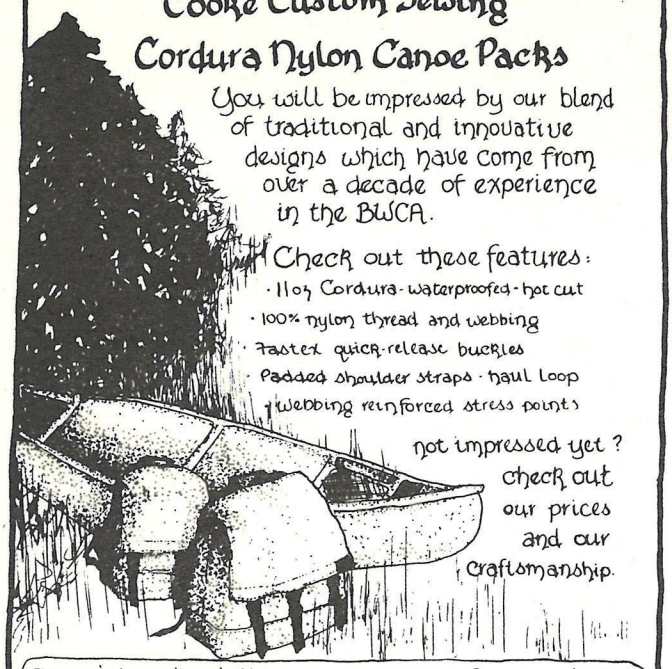
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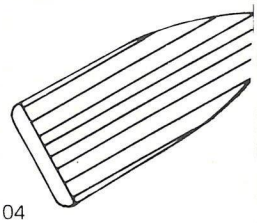
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B.S. IN UP-NORTH

by Jim Maves

(This is a review of CANOEING WILD RIVERS by Cliff Jacobson, ICS Books, Inc., Distributed by Stackpole Books.)

Author Cliff Jacobson's first book, "Wilderness Canoeing and Camping " gives us the fundamentals of canoe travel, a high school education as it were. His latest effort, "Canoeing Wild Rivers" provides the college-level info.

Don't read this book if you just started a new job, got married, or entered a monastery. Just looking through the table of contents is enough to make you want to pack up and head for the Yukon.

This volume is written for the canoer who knows the basics and wants to learn the insights of preparing for, carrying out, and enjoying "The Big Trip". We're talking big rivers, fast rivers, cold rivers, and beautiful rivers where you shoot your entire supply of color film by noon the first day!

Starting with the assumption that you know your way around a canoe and water, Cliff literally takes you by the hand and shows you everything else to include, even giving you the addresses to write to for maps and promotional literature. As Ed McMahon would say, "Everything you ever wanted to know about canoeing a wild river is in this book". It covers river research, selection of crew, canoes, tent, food, equipment, repairs, and emergencies. This book is "The Complete Guide" to far north canoeing. Cliff gives sizes, prices, and brand names. He knows what works for him, he knows what will work for you. He has been there; for $14.95 he'll show you how to get there and back safely and comfortably.

CRUISIN' ALONG

By Jim Robinson, Cruising Director

Gone canoeing, too busy to write. Join us on a river.

(**ed. note:** The Building Director is out canoeing also.)

THERE'S STARS IN THAT THAR WHITEWATER

(photos by Burt Levy/Graphic Images, Mpls)



Linda Seidel (bow) and Pooh Olson successfully negotiate the lower pitch of Blueberry Slide on the Kettle River while....



.... a film crew from Russel-Manning Productions rolls the camera. These Rapid Riders, along with John Wexler, Greg Pothoff, Burt Levy, Paul Rem, and Kim Bensen, assisted the Department of Tourism in capturing the excitement of whitewater paddling for an upcoming film on tourism in Minnesota.

RIVER REVIVAL

A Twin City wide trash cleanup of the Mississippi on Saturday, July 14 is being sponsored by MISSISSIPPI RIVER REVIVAL. A canoe flotilla and land crews are being organized to pick up trash along the river between Showboat Landing in Minneapolis and Navy Island in St.Paul. The Revival is inviting churches, neighborhood organizations, youth groups, businesses, and everyone interested in a clean Mississippi to participate. This is a concern of the MCA and I'm hoping we have a good showing of volunteers for this event.

The rubbish collected will be displayed in a heap on Navy Island during the Revival's multi-cultural celebration on Sunday July 15th, making for an odorous festival, if not a somber one.

The Mississppi River Revival is a non-profit, grassroots organization working to clean and preserve the Mississippi River.

FMI call our own MCAer Bill Zachman at (612)874-8139.

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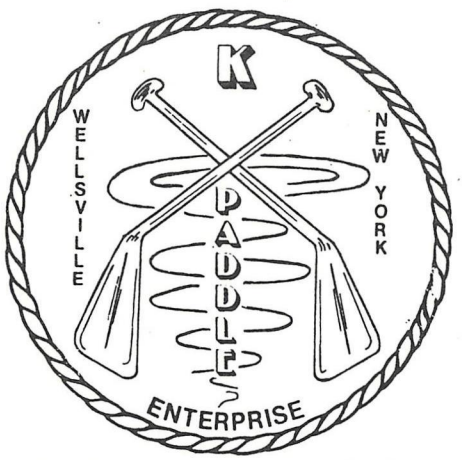


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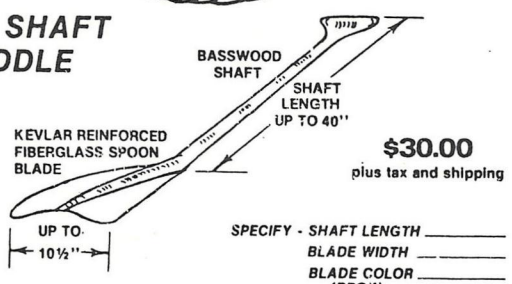
- **Steel River (Ontario) Canoe Trip**
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- **BWCA Canoe Trip for Beginners**
  August 25 - September 1
- **Apostle Island Sailing Trips**
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For more information, contact Northwoods Audubon Center at the address listed above.

Group size is limited - and advance reservations are necessary.



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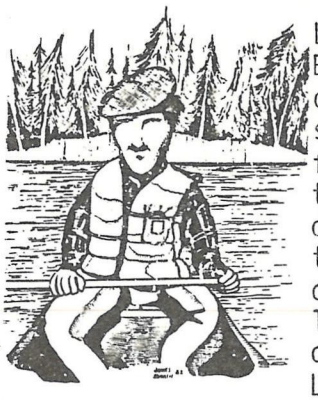
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JUST IN CASE YOU MISSED THE SOLO RENDEZVOUS...

BY Cliff Jacobson



Like a gathering of Eagles they came: cruisers, racers, free-style paddlers, slalom folk, and ordinary tandem types who deep down longed for one of the "neat little solo canoes" which skittered lightly across the clear cold water of Lake Nokomis.

It was a bright sunlit evening, temperatures in the 70's--perfect for the annual solo get-together. Around half the solo canoes in production were on hand to paddle. There were offerings from Galt, Moore, Sawyer, Mad River, Old Town, Wenonah, and Jensen. Someone even brought a one-holer C-1. But the grand artistry of the day was best captured by the haunting streaks of cedar and redwood--the wood-strip, U design 'em - U build'em, boats which dotted the shoreline. As the gentleman for Weyerheuser say, "There's really nothing like wood!"

Along with the boats came high tech gear. Paddles by Hidde, Moore, Jensen, and Waddell. Life vests by Extrasport, Omega, Seda, and Sterns. And the wonder of it was the unselfish sharing of everything; the story telling--and the teasing banter which always accompanies a good time.

Absent again from the rendezvous was the snobbish elitism which has crept into canoesport in other regions of the country. Bent shaft racers willingly tried free-style boats while traditional free-stylers attempted the fast gait in full blown racing hulls. There were plenty of upsets to keep the laughs coming. And absolutely everyone had a knee-slapping good time.

Each boat was dutifully tagged with information on manufacture, length, beam, weight, owner, designer, and builder. Participants were later asked to fill out short questionaires listing their favorite and least favorite canoes. Unfortunately, the excitement of the event evidently

overwhelmed most paddlers, for only 12 "evaluation forms" were returned-too small a number to derive meaningful results. Nonetheless, some "interpretation" is in order.

Winner of the "boat I'd least like to own" award, was a honey gold Kevlar ICF (International Canoe Federation) racer by Wenonah. This bomb upset everyone (?) who paddled her. And she'd have gotten me too, had I not braced hard, chickened out, and artfully backpaddled. The little rocket had at least 1/10th the initial stability of the Pat Moore Proem 85. Rumors are she "firms up under power". Good! I don't ever intend to find out!

Second on the "glad it ain't my boat" list, was the Pat Moore Proem 85. This wicked little devil seemed to be challenged "because it was there". Despite its nickname 'drowning machine", (coined by Clint Waddell in a moment of indescretion), the little boat was never on the beach. Throughout the night, the Proem provided enough upsetting experiences to keep the laughs at full crescendo.

At the top of the "favorite" list was "the boat I built myself". And it made no difference what the design of that boat was. As expected, the builders preferred their own creations to all others. And that's as it should be, for canoeing is joy, and what can possibly match the pure pleasure of artfully paddling your own hard work.

Tops in factory boats were the Mad River Lady Slipper, Sawyer Summersong, and a beautiful Bruce Kunz creation--the "Merlin", (a tripping boat he designed expressly for Wabash Valley Canoes, and rumored to be in production by this fall). Those who prefer life in the fast lane oohed and aahhed over the clean quick Wenonah Advantage and Advantage XL. And my heart yearned for a delightfully ancient (and no longer manufactured) Galt Mirage, which I casually snuck into time and again throughout the evening.

Hands down favorite for big trips to wild places, was Bob Brown's Pirate. There were a number of home-built variations on the beach, each with its own subtle personality.

An interesting treat was a comparison between Kevlar and fiberglass versions of Mad River's new Lady Slipper. Both boats were identical, except for weight. The glass version tipped the scales at around 48 pounds, while the Kevlar models came in at 35-38 pounds. The difference in feel, acceleration, and flat out performance generated by the approximate 15 pound differential had to be experienced to be believed. Those who paddled the comparative boats discovered, once and for all, that weight was an important function of performance. The lighter canoes were different. They simply paddled better!

The popularity of the seasonal solo get-together continues to grow. At least 40 boats parted the spring waters of old Nokomis last May 23rd. If you missed the show, our condolences. Chck us out again next fall for an evening of pure paddling pleasure and carefree camaraderie.

RIVER CONDITION REPORTERS NEEDED

Each year the Department of Natural Resources (DNR) provides a river level reporting service for the public during the canoeing season in order to promote safe a nd enjoyable use of Minnesota's rivers

This year the DNR is requesting river users to fill out a River Level Inventory that relates water level to river conditions. As a reward for their help each volunteer who sends in five or more completed forms will receive a bound copy of maps for the 18 designated canoe and boating routes in Minnesota.

"This survey is important for canoeists and DNR," said Steve Kirch, DNR Trails and Waterways Unit, "The information will help the department to more accurately relate river conditions to canoers paddling the streams."

To participate or for more information contact : Trails and Waterways Unit, Box 52 Centennial Building, St.Paul MN 55155 (612)296-6699.

TRADING POST

FOR SALE

Mad River Lady Slipper, Kevlar, brand new boat, $900. firm. **Bob Brown (612)432-7557**

Duluth Pack and Stuff bag liners. Finally, plastic liners sized right and made tough for canoeists. $.29 to $3.29. **R E I ,35W & 98th St. exit, Clover Shopping Center, Bloomington, (612)884-4315.**

CANOE CLASSES

by Burt Levy, Education & Safety Director

Please note: In order to take any of our class offerings you must be an MCA member. Your boat must be currently registered, and must be equipped with appropiate PFD's. Since most classes are 5+ hours in length, you should bring: snacks or lunch, canteen, proper clothing for projected weather conditions, a change of clothes, (in case you get wetter than you planned,) and sunscreen.

Efficient Paddling - Basic

You will learn: safety procedures, boat trim, how to match paddle length to your boat and body, boat control, how to get the most out of your stroke, switch paddling, and many other tidbits of information that will make your paddling experience more enjoyable. This session, the last for this season, will be held on Saturday July 14, from 10 A.M. to around 3 P.M. at the Broadway Bridge, Mississippi Landing. (Its on the west side of the river, just downstream of the bridge.) Cost is $5.; rental canoes will be available.

Efficient Paddling - Intermediate

This class will take the techniques you learned in basic and help you refine these skills to a fine art. Prerequisite: Efficient Paddling-Basic. Also, you will need a sleek-lined cruising canoe such as a We-non-nah, Jensen, Sawyer, etc. These boats are available for rent from Ketter Canoeing if you don't have other access to one. Our only session for this season will be on Sunday July 15, from 10 A.M. to about 3 P.M., at the Mississippi Park Landing, located on the river at Hwy. 252 (83rd Ave. North). Cost is $5.

For both Efficient Paddling classes contact Burt Levy, 4000 40th Ave.S. Minneapolis, MN 55406 (612)729-8874.

River Rescue

A one day clinic where you will learn how to: rescue swimming paddlers, set-up and use "Z-drag" and other techniques to free pinned canoes, rescue organization, use of throw bags, tag lines, and Telfer lowers. This clinic will be held Saturday, July 7th, from 9 A.M. to 5 P.M. on Sand Creek in Jordan MN at the Hwy 21 wayside rest area. Cost of $10. should be sent to Paul Rem, 1845 W. Larpenteur, #16, St.Paul MN 55113. Direct questions to Bek Kragh (612)929-9454.

Also bring a dish for the potluck supper at Bek's cabin 3 miles away; drinks, dishes, utensils, stove, and refrigerator are provided.

Eskimo Rolling

You will learn the essential technique of righting an overturned kayak while remaining inside it. Sessions will be held on July 17,19,24, & 26 from 6:30 to 8:30 P.M. at the northeast end of Lake Nokomis (adjcent to parking lot). Cost is $15., send your check to Paul Rem, 1845 W. Larpenteur, #16, St.Paul MN 55113. FMI contact Mike Pease (612)222-3191.

MAY DIRECTORS MEETING MINUTES

by Verna Robinson, Secretary

The meeting was called to order at 7:20 P.M. by Venice Barsness, President.

Chris Berne, Director at Large, gave Winnie the new price list for resin and cloth to update the HUT!.

Chris mentioned that the Jensen Handicap would be on May 20th. Al Gustaveson made a motion, which was seconded and passed, that we appropriate up to $100. for prizes for the event.

Harlan Nickerson, Public Relations Director, reported that he has a list of 12 papers, 17 radio stations, and 1 TV station to send trip and event notices too. (Call him to get your trip advertised.)

A motion carried to spend up to $75. to buy rope for safety and educational purposes.

Venice made a motion to buy paddles with engraving on them to present on the Governor's Canoe Day in recognition of supporting canoeing in Minnesota; the motion passed. (Governor Perpich was presented his paddle.)

A motion carried to grant an MCA member a partial scholarship for ACA certified whitewater instructor training. Said member to be selected by the Rapid Riders chapter board of Diretors.

HUT! ADVERTISING RATES

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☐ Itty Bit (Brown)
☐ 15′ 6″ Solo Canoe Pirate (Brown)
☐ 15′ Solo (Ketter)
☐ Griffen II, Kayak (Brown)
☐ 18′ 6″ 4 & 32 USCA Racer (Burley)
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Gold paddles over a silver canoe, $2.00 each

To order fill in name and address above.

Indicate quantity desired in each size:

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Wednesday, July 18, 1984.

6:30 P.M. - 9:30 P.M.

Paddle different canoes, compare designs. Does one canoe turn easier than another; does one canoe glide easier than another? You may bring your canoe along for a comparison test. Come and enjoy yourself.

This is your opportunity to ask questions and try your skills at our on-the-water program. You may even get wet. If you have a life jacket or a paddle, please bring them; if you haven't the MCA will have a few available for use.

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