ISSN 0739-7445

HUT!

MINNESOTA CANOE ASSOCIATION INC. August 1984 / Volume 20, Number 8

CALENDAR OF EVENTS

(FMI= for more information)

CALENDAR RIVER RATING CODE

example:**@Q,I-A (trees,cold)**

@ = code following
Q = quiet water; **W** = Whitewater
I-A = skill level required: **B**eginner, **N**ovice, **I**ntermediate, **A**dvanced
( ) = special conditions requiring rating

AUGUST

MONTHLY DIRECTORS MEETING
1 Wednesday 7:00 - 10:00 P.M.
All members welcome.
Minnesota Federal Savings & Loan
Knollwood Mall, 8600 Highway 7
St.Louis Park

MISSISSIPPI RIVER
4 Saturday @Q,B,
Monticello to Dayton,
Potluck picnic afterwards at Gilman's,
FMI Mike Gilman (612)428-4400.

SCOUT NATIONALS
4 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

URBAN WILDS
4 Saturday, shuttle provided
Mississippi-Coon Rapids to Camden
$5. your canoe/$10. our canoe. FMI
Coon Rapids Dam Regional Park,757-4700

SOLO CHAMPIONSHIPS (MENS/WOMENS)
5 contact: Jerry Kassenchuk
245 Paisley Lane, Golden ValleyMN55422

RIVER BASICS: PADDLING SERIES
7, 14, 21, 28 Tuesdays
$20. for 4 part series. FMI Coon
Rapids Dam Regional Park,757-4700

CANOEING WITH KIDS
9 Thursday
Leisurely; through Mississippi locks
See cities from new angle
FMI Woodswomen (612)870-8291

JUNIOR MISSISSIPPI CLASSIC
11 contact: Betty Ketter
101 79th Ave. No, Minneapolis, MN55444

TWIN PORTS MOONLIGHT PADDLE
11 Saturday 9:30 PM at Park Point airport
Easy Paddle, Park Point to Allouez Bay
FMI Greg Furtman 727-7242.

NAMEKAGON AND ST. CROIX RIVERS, WISC.
11-12 Sat-Sun @Q,B,
Old Howell & T-bridge to Riverside.
Easy cruise; family fun.
FMI Winnie DauSchmidt (612)644-6115.

CANOE TREK FOR LIFE & BREATH
11-17 Saturday-Friday
White Otter Wilderness, Ontario,Canada
American Lung Association
FMI (612)227-8014 or (800)642-LUNG

BETTY KETTER'S MOONLIGHT CRUISE.
August or September @Q,N.
FMI call Betty Ketter (612)561-2208

QUETICO PROVINCIAL PARK CANOE TRIP
12-25 Two week Wilderness Outing
Guides, food, outfitting provided
FMI Woodswomen (612)870-8291

ISLE ROYALE' CANOE AND BACKPACK TREK
Slide Show and Information Session
14,21 Tuesday 7:00 P.M.
American Lung Association of Henn. Co.
FMI (612)871-7332

HUT!

HUT! is the signal on which paddlers change sides. It was first used by Tom Estes and Eugene Jensen in the 1940s as they won four Aquatennial canoe races. It was adopted as the title of the MCA magazine because it symbolizes the teamwork and coordination necessary for effective canoeing.

HUT! is the monthly newsletter of the Minnesota Canoe Association, Inc. Copyright 1984, all rights reserved.

HUT! STAFF

Winnie DauSchmidt, *Editor* **Jim Robinson,** *Ass't. Editor*

Deadline For Each Issue:
Articles should be submitted to the Editor no later than the 10th of the month preceding publication. Send submissions to: Winnie DauSchmidt, Editor, 1679 W. Minnehaha, St. Paul, MN 55104.

1983-1984 Board of Directors, Minnesota Canoe Association, Inc.

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Duluth, MN 55803
(218) 724-7992

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St. Cloud, MN 56301
(612) 251-5807

John Wheeler
Voyageurs
2690 Huron Street
Roseville, MN 55113
(612) 633-6500

John Wexler
Rapid Riders & Kayak
2923 16th Avenue South
Minnepolis, MN 55407
(612) 722-7069

CALENDAR OF EVENTS

RAPID RIDERS MEETING
14 Tuesday 7 P.M.
Coffe House Extempore
Cedar & Riverside
FMI John (612)722-7069.

ESKIMO ROLLING SUMMER SESSION
15,22,28,& 30 Evenings (dates tentative)
Call by August 8 for time, place, cost
FMI contact Mike Pease (612) 222-3191.

ROOKIE RACERS MEETING
16 Thursday 6:30 P.M.
at John Wexler's
FMI Steve Nelson (612)822-4164

VERMILLION RIVER CRUISE
17-19 Friday - Sunday @W Class II,III
Paddling various sections
The rapids Class II-III, with some IV & VI are easily portaged. FMI contact Burt Levy (612)729-8874 or John Wexler (612)722-7069.

MISSISSIPPI RIVER PRESIDENTS CRUISE
18 Saturday @Q,B,
Broadway Bridge to Hidden Falls,
FMI Jim Robinson (612)588-5402.

USCA NATIONALS
18 contact: Karl Ketter
1957 Lake St., Roseville, MN 55113

RAPID RIDERS PROGRAM
21 Tuesday 6:30-9:30 P.M.
Poling & Picnic
Minnehaha Creek at Lake Nokomis
FMI Paul Rem (612)645-3538.

LITTLE FALLS/MCA CANOE RACE
Pro and Citizens race Sat. 10 A.M.
25 contact: Jeff Thielen, RR4, Box 343
Little Falls MN 56345. ph(612)632-6329

FIBERGLASS REPAIR WORKSHOP
BRING BOATS FOR REPAIR
25 Saturday 10:00 AM - 2:00 PM
at Betty Ketter's
$2. for MCAers plus materials.
FMI Karl Ketter (612)636-8116.

TWIN PORTS WILDERNESS LAKE TRIP
25-26 Saturday Sunday
No experience necessary, call at least 1 week in advance for trip planning
FMI Carolyn Sundquist 724-4143.

TRADING POST

WANTED

Information on the South or North Knife Rivers flowing into Hudson Bay: river rating, flow pattern, plus other helpful tidbits. Call **Mike (612)922-7633.**

FOR SALE

Strongback and forms for building a 17-18 foot Guide. $25. Contact Tom Salwasser **(612)923-3433 days, (612)934-0185 evenings**

17' wood canvas canoe, Alex Comb design. Quality and materials equal to or better than Old Town. New-Never Used-Best Offer. **Mike, H-(612)944-7217 W-(612)641-4486.**

18' wood & canvas Old Town Canoe, Cane seats. Needs some work. $500. negotiable or trade. **Robert Nelson (612)866-1143**

Mad River Lady Slipper, Kevlar, brand new boat, $900. firm. **Bob Brown (612)432-7557**

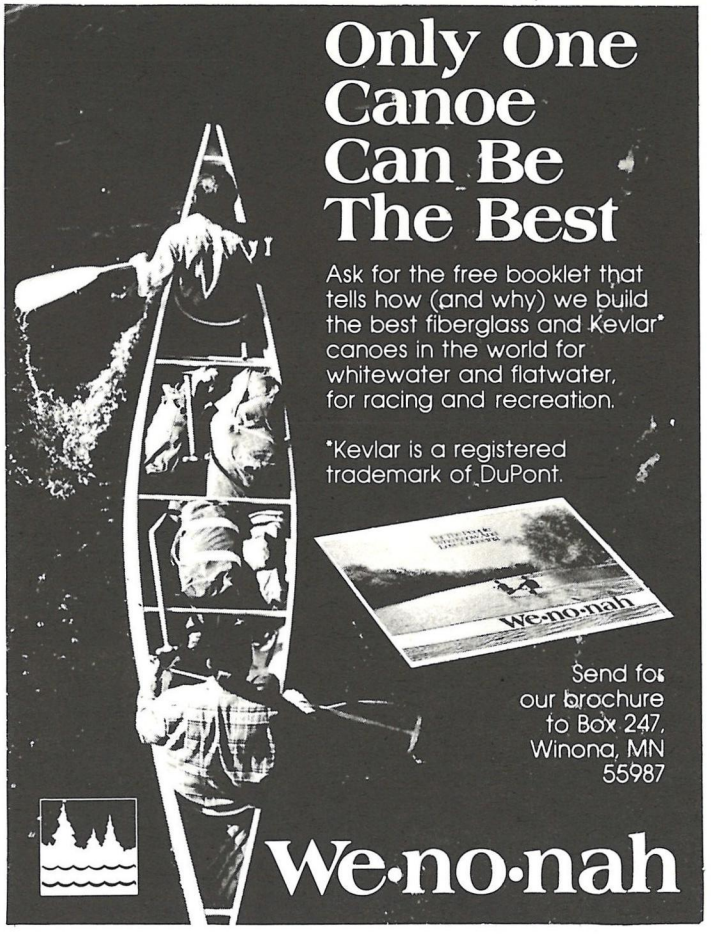
Light weight, low volume, Sneaker Kayak, reasonably good condition, good outfitting Built by excellent builder. Only $100. Call **Bek Kragh (612)929-9454.**

1982 Wabash Valley Canoe Competition Cruiser, 18-1/2', meets USCA specs, Fiberglass, foam core, Aluminum gunwales, bow and stern sliding seat, plus center sliding C-1 seat. Great training, novice racing, or touring canoe. Used only 3 months, Excellent shape! Must sell. **Call (715)644-8965.**

Duluth Pack and Stuff bag liners. Finally, plastic liners sized right and made tough for canoeists. $.29 to $3.29. **R E I ,35W & 98th St. exit, Clover Shopping Center, Bloomington, (612)884-4315.**

NAMEKAGON CRUISE

Enjoy the best scenic wilderness in Wisconsin. Camp Friday night, August 10, at Riverside or meet 9:30 Saturday morning, the 11th, at Old Howell Bridge for put-in. Take-out is back at the Riverside campsite. Sunday, August 12th, will be down to Highway 48 Bridge OR (if the water is up) from T-bridge to Riverside. Plan for lunch on the river and a potluck picnic on Saturday night at the campground (provide your own meat). Winnie DauSchmidt (612)644-6115.





101 - 79th Avenue North / Minneapolis, Minnesota 55444
561-2208

WOOD STRIPS: Ceder or Redwood-16, 18, 20 foot lengths. 3/4" and 1 1/2" widths. Wood is carefully selected and cut by a little old Swedish carpenters who mix sawdust with their coffee.

CANOE RENTAL: Winona, Sawyer, Beaver, Alumacraft, Paddles,PFD. $13.00 a day. Call to reserve specific high performance models. Group and shuttle service arranged.

CANOE LESSONS: On most any day you can paddle our rental canoes while we yell a few hints to get you out into the current. For a complete canoe technique analysis and personalized instruction with all equipement- $15.00 and can be arranged for one or three people. Instruction will be tailored for your next canoe adventure.

MCA RESIN & FIBERGLASS DEPOT: also stocking web and cane seat, thoarts, yokes, gunnels, footbraces for those builders under pressure to get the project out of the living room.

WHITEWATER RAPIDS CANOEING RIDERS

NEWSLETTER OF THE WHITEWATER CANOE AND KAYAK CHAPTER
President: John Wexler, (612)722-7069
Cruising: Mike Vande Vyver, (612)926-7633
Membership: Paul Rem, (612)645-3538

Dave Nelson is organizing our efforts at the State Fair in August. He is looking for volunteers for an equipment demonstration and the kayak rolling demo on August 26. Call him at (612)541-1211. You will receive a big pat on the back and a free pass to the state fair for helping out.

Bring your poles, kayaks, whitewater canoes and even your Grummans or Colemans and join us for a night of tall whitewater tales and bring a picnic supper too. We meet at 6:30 at Minnehaha Parkway in Near Lake Nokomis on the south side of the lake on Tuesday August 21. Here you will have a chance to meet the legendary Mike Pease who claims he walked on water for 1.5 miles.

If we can't jam you into our meetings we will spread you thin. All club business is conducted each 2nd Tuesday at the upstairs of Coffeehouse Extempore at 7pm. Every 3rd Tuesday at 7pm of each month we meet and tell even taller stories than the month before. These are the meetings where we plan trips, trips and classes are announced, and we usually try to get a good speaker or film.

September 18 Jim Reda will discuss decision making. When you should or shouldn't run class 3 or above. He is one of the best kayakers I know. Jim will show slides of rivers he has run in recent years.

In October we will be viewing video tapes on large scale screen of the Sukosi in the Himalayas and a film of kayaking in So. America. We are looking for a large screen--help.

We will view the crack Rapid Rider kayakers as they swim rapids, upset cameramen, and preview films to be used by the Explore Minnesota people of the Minnesota Department of Tourism.

THE DULUTH TRAVELER



NEWSLETTER OF THE TWIN PORTS CHAPTER
President: Rick Luck, 18 W. Owatonna Street, Duluth, MN 55803 724-7992
Cruising: Liz & Fred Freeman, 525-6486
Whitewater: Sue Marsh, 879-5581
Racing: Jim Wheeler, 722-8010

Before leaving for Europe, Jerry Challman held a planning session and worked out a great schedule of activities for the remainder of the summer and early fall. The schedule was handed out at our July General Membership meeting, but a brief description of the outings for August and September are included in this HUT!s calendar of events. His committee also authorized Rick Luck to spend a portion of our chapter rebate for putting together a waterproof tripleader's pack, containing some basic emergency gear and a good first aid kit. The committee also outlined basic responsibilities for both participants and tripleaders for all our cruises. It was generally felt that even though we've never incurred any serious problems on past cruises, the emergency gear and written guidelines were a good idea in making expectations and responsibilities clear for future trips. (ED NOTE: I agree, your guidelines appear in this issue of HUT! for all MCA members to use when they are tripping.)

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In closing, best wishes and congratulations should go out to: Sue Alden & John Boutin and Dave Spencer & Sue Weidman for their weddings, Gardner Ellis for his 2 Canadian Wilderness trips this year, Susie Wilmes for her Idaho backpacking trip, and Rick Luck & Dave Garron for their raft/kayak trip on the Middle Fork of the Salmon River.

CRUISE-HOT-LINE (612) 379-7073

MINNESOTA CANOE ASSOCIATION
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NORTH STAR SKI TOURING CLUB

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MINNESOTA CANOE ASSOCIATION
&
NORTH STAR SKI TOURING CLUB

Mississippi Mud

NEWSLETTER OF THE LONG DISTANCE CANOE RACERS

President: Karl Ketter (612)636-8116/561-2208
MUD Editor: Jenny Graham (612)729-3475
Membership: Steve Nelson (612)822-4164/333-5336
Rookies: John Wexler (612)872-8282.

ATTENTION all Mudders!! See the detailed Long Distance Race Report in this issue.

On Thursday August 16th at 6:30 P.M., all Rookie Racers should be gathering at John Wexler's house. This meeting will address rookie racing involvement and will set in motion our ideas for developing the direction and growth for a stronger, better club. We will also introduce our new data base.

We need your help. We need volunteers to draw posters, write articles, type race results, contact race sponsors, contact new rookies, or recruit more racers.

If you volunteer, we may be able to hold on to the dedicated OVERWORKED good racers. Plan to attend this meeting. If you have questions, (or to volunteer now) call Steve Nelson (612)822-4164.

KAYAK CLASSES, FIBERGLASS REPAIR WORKSHOP
by Burt Levy, Education & Safety Director

Please note: In order to take any of our class offerings you must be an MCA member.

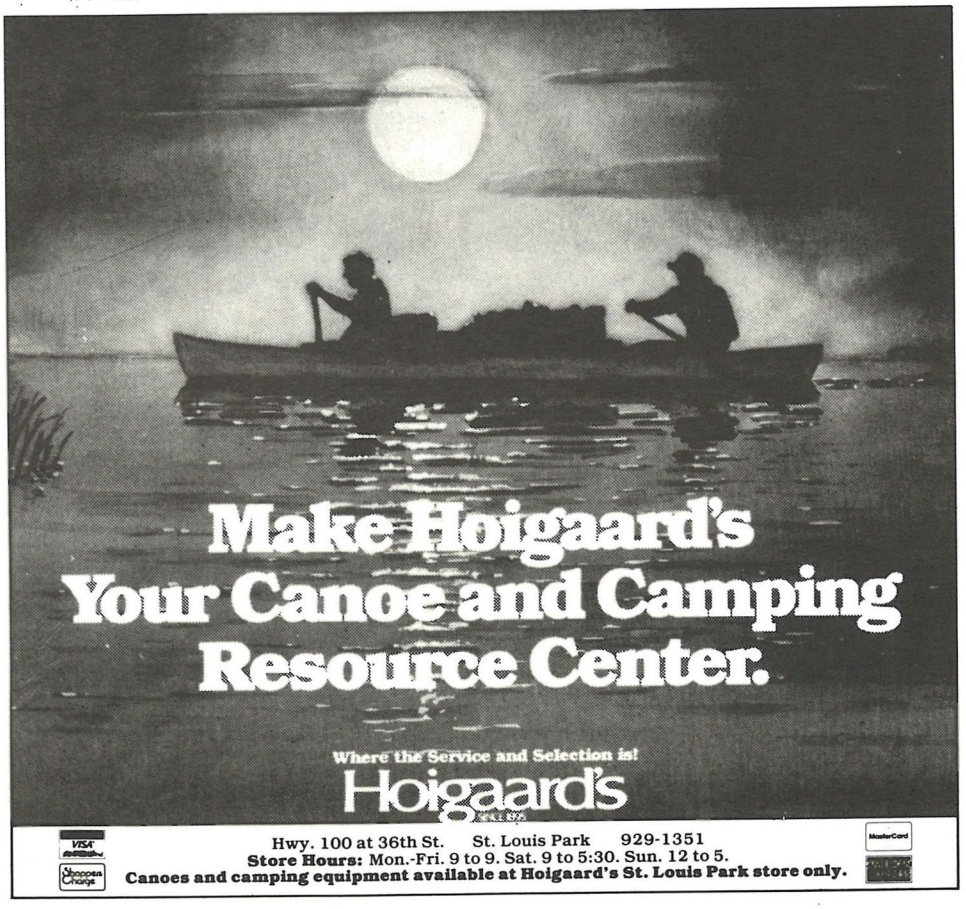
Your boat must be currently registered, and must be equipped with appropiate PFD's. Since most classes are 5+ hours in length, you should bring: snacks or lunch, canteen, proper clothing for projected weather conditions, a change of clothes, (in case you get wetter than you planned,) and sunscreen.

Eskimo Rolling

You will learn the essential technique of righting an overturned kayak while remaining inside it. Sessions will be held on August 15,22,28, & 30 (dates tentative) from 6:30 to 8:30 P.M.. Call by August 8 for time and place. FMI contact Mike Pease (612) 222-3191.

Fiberglass Repair Workshop

Bring your own boats to work on. Karl Ketter will be instructing. This is a one time session on Saturday August 25th from 10:00 A.M. - 2:00 P.M. at Betty Ketter's. There will be a $2. charge for the workshop (you must be an MCA member), plus there will be an extra charge for materials used. FMI Karl Ketter (612)636-8116.



RACE RESULTS

SPRING RACES

The 1st month of the racing season has passed and Minnesota paddlers have fared very well. The Northern in Prince George B.C. on the 20th of May and the General Clinton at Cooperstown N.Y. on the 28th attracted many top paddlers and Minnesota had the top spot in both.

Al Rudquist teamed with Ron Williams of Smithers, B.C. to capture the 25th and final edition of the Northern Hardware Canoe Race. For 25 years racers have paddled the scenic Nechoko River in Chestnut Canoes. When he started the race back in 1959, the race organizer had said he would run it for 25 years. He did, and as of yet no one has planned to continue the race. It is always sad to see a race disappear, especially one in such a beautiful area. Hopefully, someone else will take over the sponsorship of the race and it will return next year.

In New York, eight Minnesota paddlers attended and all did well. Al Rudquist came out on top again, this time paired with Mike Fries of Rochester N.Y. Their time of 7:04:50 was aided by the runoff from the all day rain storm and ended up only 2-1/2 minutes short of the course record.

Stu Bastien and Steve Peterson finished fourth in 7:07:33, but, (in the most exciting finish in the pro race), were only 4 seconds behind the second place finishers Bruce Barton and Tim Triebold, AND 1 second behind Jeff Schultic and Bob Zaveral the third place finishers. Zaveral and Schultic were the first New York team to finish and edged Stu and Steve at the finish line.

Mike Bohanon teamed with New Yorker Randy Drake and finished a strong 6th as the eventual 5th place finishers Butch and Brett Stockton passed them a half-hour from the finish line in a short cut. The Stocktons time of 7:11:41 bested Bohanon and Drake by 26 seconds.

Minnesota's other entry in the pro class Cary Bush from Northfield and Bill Gardner from Rochester Minn took a swim at the starting line and were dead last in the 34 canoe field. They paddled a strong race and moved up to finish in 14th place with a time of 7:23:06.

The other two Minnesota paddlers competed in the Women's Amateur class. Jenny Graham and Sheila Johnson had been bank runners in 1983 and decided to do the race in '84. They finished 3rd in 8:02:50 behind U.S.C.A. National Champion New Yorkers Tanna Gaustad and Shari Eaton's time of 7:36:39 and behind Nancy Shelhorse (Virginia) and Lynn Copen (Michigan) who finished second in 7:58:44.

Congratulations to all!

JUNE 23-24 SNOW LAKE INTERNATIONAL CANOE REGATTA

Everybody, who went north to Manitoba, Canada, for the canoe races in Snow Lake and Flin Flon, agrees on one thing; folks up there sure know how to put on a race.

Snow Lake had 40 teams paddle their race, ten more than last year. Minnesotans did very well on the two day, approximately 6 hour, race that included a portage each day. Al Rudquist won with his New York partner, Mike Fries. Mike Bohanon got a close second with Michigan's Bruce Barton. Steve Peterson and Dan Hassel were in the top ten with their Montana partners. Warren Thunstrom and Walt Hirschey were there too, braving the high winds, waves, and deer flies. Pete Colas and Steve Fowler came up to try their luck.

In the mixed class, Stewart Bastien and Lynn Capen (the many times Women's USCA Champion from Michigan) ran away with the first place. Cary Bush and Anne Rudquist were second, with Bill and Margaret Gardner third.

The women's class was won by current National champs, Tanna Gaustad Fries and Shari Eaton, both from New York. But Minnesota women placed second (Shiela Johnson and Roxanne Barton) and fourth with the last minute pairing of Jenny Graham and Pam Hassel.

Once again, the paddlers were all put up in homes of Snow Lake residents. The race is valued by the whole community - we stayed not just in the homes of the race organizers and sponsors but also others who were just plain generous and friendly. The beauty of the area, the friendliness of the townspeople, and the quality of the race course is fast making Snow Lake a premier event on the professional marathon canoe racing circuit. Over and over again, the paddlers expressed this sentiment at the awards banquet--"I'll be back next year."

I guess that's two things everybody agrees on.

JUNE 29- JULY 1 CANADIAN OPEN GOLD RUSH CANOE DERBY

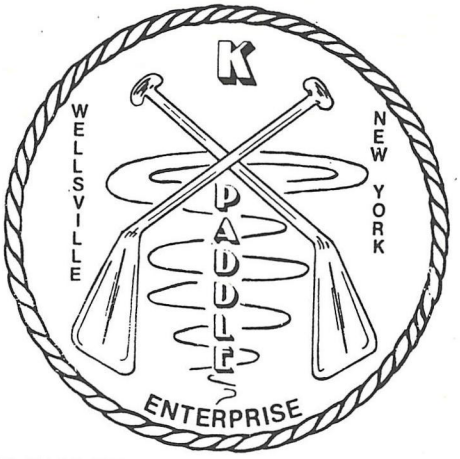
Four days of rest separated Snow Lake and Flin Flon. The race route is a little complicated with different lakes raced each day, so the competitors were out reviewing the course well in advance. The first day of the race was 12 laps of Ross Lake (in the middle of Flin Flon). There were two added portages, one that ran half a mile down a railrod track. The paddlers were a little doubtful of the wisdom of having to run on a narrow, windblown embankment, but everyone made it alright.

Bruce Barton and Tim Triebold topped the men's class by one second over Al and Mike, and Stewart and "Spike" Bohanon were fifth. In mixed class, Roxanne Barton and Jay Mitman finished first by three seconds over Jenny Graham and Mike Johnson of Montana, with Shiela and Warren taking third. In the women's class, it was Tanna and Shari over Anne and Margaret by a healthy margin. The total number of teams at Flin Flon was near thirty.

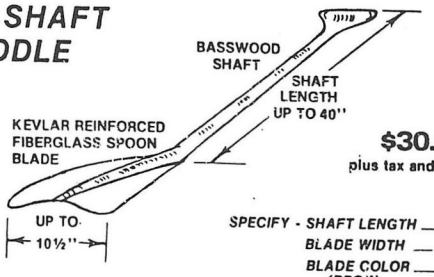
Day two opened stormy and forbidding, with whitecaps and lightening. After a half hour delay, only the men's teams started off on a grueling day of paddle, portage, and portage some more. Six portages were demanded in the lake-hopping course, including the infamous "Big Fella" a 1.3 mile uphill jaunt about 3 hours into the race. The physical toll that this race takes on the men was apparent on the third day, when the lead pack was barely ahead of the rest of the field for a lap or so.

Bruce and Tim had pulled out about a 90 second lead over Al and Mike on the second day, so the race was pretty much won for them right there. Day three was 4 laps of Phantom Lake. Al and Mike won the day by a few seconds, but got second place overall. Stewart and Mike were fifth. Jenny and Mike J. pulled a three minute lead over second place to win the mixed class and Shiela and Warren retained third. Anne and Margaret finished second overall in the women's class.

It was an exciting race, well run, and the paddlers owe many thanks to the hosts who put them up for a week, and to Mel and Stephanie and Bob Jarvis, whose year round efforts have made Flin Flon one of the longest running canoe races anywhere. There are other trips during the summer--New York, Nationals, Quebec--but the Manitoba trip is probably the Minnesota paddler's favorite one.



BENT SHAFT PADDLE

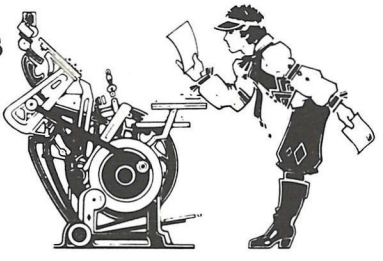


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CRUISIN' ALONG

- Jim Robinson, Cruising Director

Any canoe trip depends on one thing: getting your equipment there. I have seen many ways of tying a canoe on top of a vehicle--some good, some bad, and some downright dangerous. Some of the methods of securing a canoe involve the use of rubber rope or rubber tarp straps. Both of these items are unsuitable because of stretching when the canoe is shifted by the wind. A further reason for not using rubber tie-downs is that they are prone to breakage if cut or nicked. I know that I will hear from many people who have been using rubber tie-downs for years, but I still don't trust them.

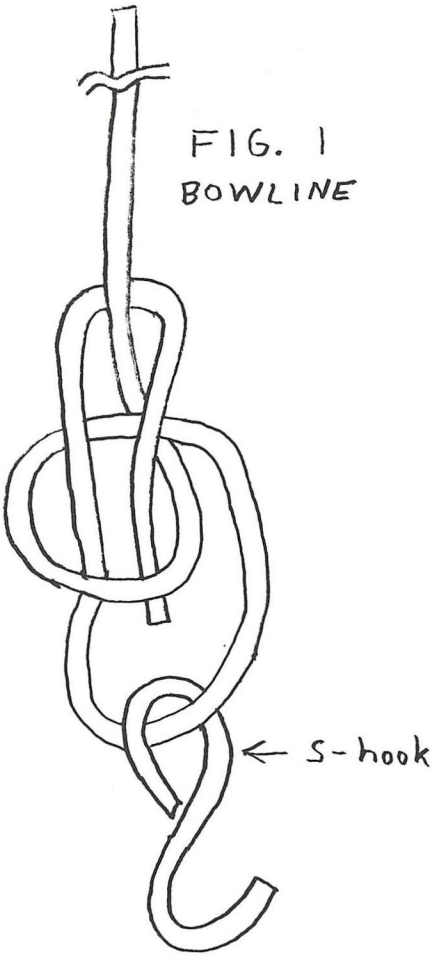
The method I would like to show you is not original, it is a variation of a method in "Wilderness Canoeing and Camping" by Cliff Jacobsen. Other publications have printed variations of this method. I will endeavor not to plagiarize too heavily from Cliff in my description.

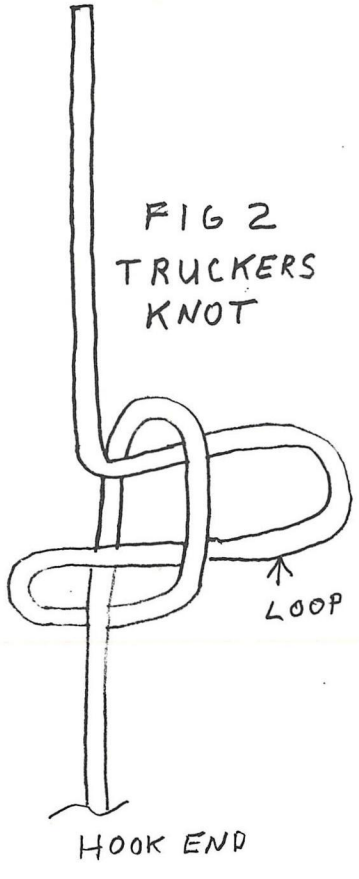
Start by obtaining 50 feet of 1/4-inch braided nylon rope. Make sure the nylon rope you get is braided and not the twisted type. Cotton or manila rope tend to be hard to untie if wetted and allowed to dry. Polypropylene rope is hard to tie because of its slippery nature.

Cut the rope into 8 feet 4 inch lengths and melt the ends with a match to prevent fraying. You will also need six S-hooks. The 1-1/2 inch size made of about 1/8-inch wire are the right size. It is better to get hooks a little too large than too small.

Close one loop of the hooks and tie a hook to one end of each rope using a bowline knot as shown in Figure 1. DO NOT TIE ANY OTHER TYPE OF LOOP. The bowline is non-slip and can be easily untied, other loop knots can slip or jam. The hook end of the rope can be hooked to the bumper of the vehicle. Tying the rope to the bumper invites cuts by sharp edges.

Now for the other end of the rope. Study figure 2. The trucker's knot must be tied exactly as shown. It will not work if tied incorrectly. Tie the knot in a location that will permit pulling the free end of the rope tight and secure with a double half hitch as shown in Figure 3. Tie up the loose end of the rope to prevent whipping in the wind.





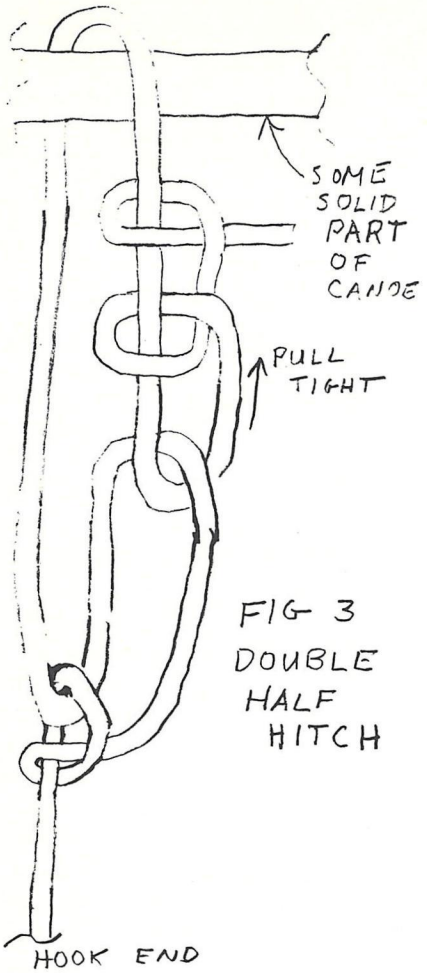


FIG 3
DOUBLE HALF HITCH

Use two ropes over the canoe to the carrier bars and two ropes at each end of the canoe in a 'V' to the front and back bumpers.

A variation of this method is to tie one end of the rope to the canoe and use the truckers knot against an S-hook on the bumper. This may be easier for some people as the pulling force is exerted downward when tightening the rope. If you are really entusiastic, drill holes in your bumper and install eyebolts. Another point to mention is to be careful when pulling the rope tight using the truckers knot. It is possible to pull the rope tight enough to damage a canoe.

A question arises as to what happens if you don't have rain gutters on your vehicle and must use the foam block type pads. My first suggestions is to get a new vehicle with rain gutters so you can use bars. Okay, okay, so that's not funny. I don't suppose drilling holes to bolt bars to the top will go over so good either. Each situation will have to be dealt with individually, but DO NOT RELY ON JUST THE END ROPES.

If you have more questions on tying down a canoe call (612)588-5402.

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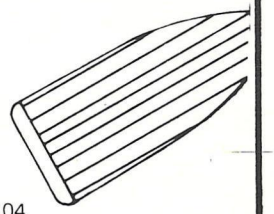
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NEW PRODUCTS ROUND-UP

- Cliff Jacobson



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Now there's PATAGONIA rainwear. Unlike the "do everything" competitors, this stuff works! Patagonia says its gear is absolutely watertight. It is, no ifs or ands. And it can't be contaminated by body oils, dead sqirrels, or rising smoke. The fabric is coated with "Sealcoat"--a chemical that's similar to that used on the best whitewater rafts. Seams are taped for complete reliability and the fit is best described as "superb". Sleeves are generously sized so they won't bind even when you wear a wool sweater and jacket beneath. Yet, the look is surprisingly trim--equally at home on a college campus as in the wilds.

Zippers are covered with snap-down storm flaps and there's an elasticised drawstring at the hem so covered boaters can secure the jacket for maximum whitewater safety and added protection from immersion hypothermia. The hood is lined and is large enough to be useful.

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I haven't tried the rain pants but they look equally impressive and come complete with fully baffled leg zippers.

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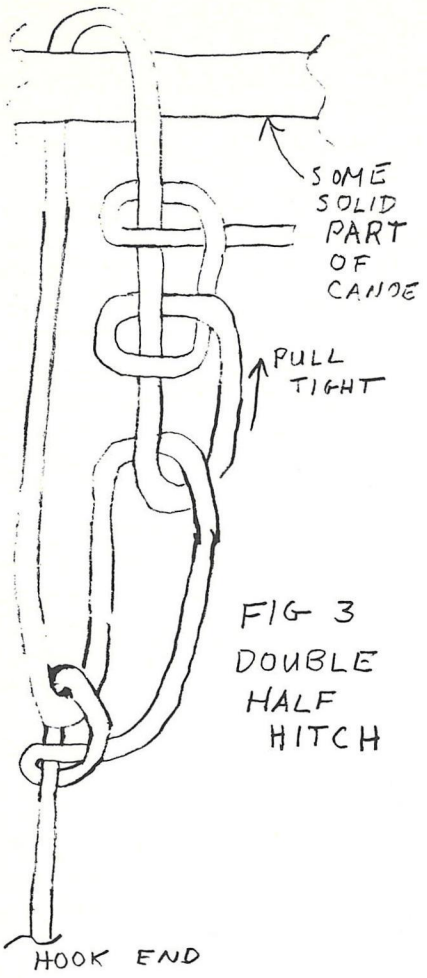


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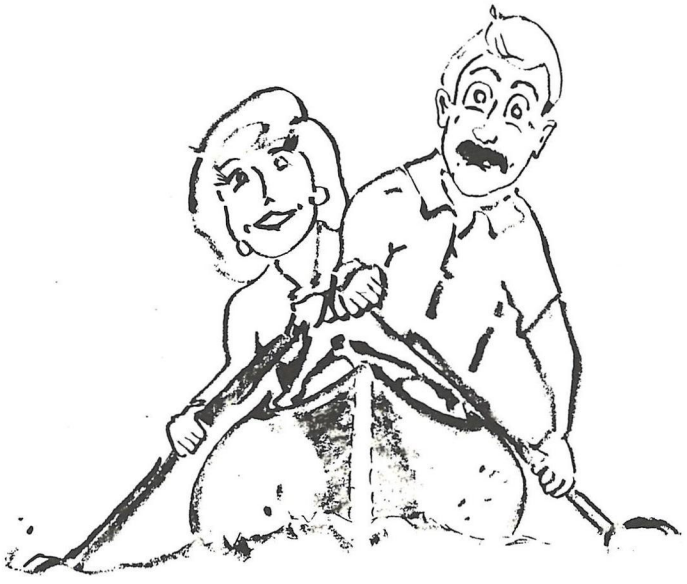
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